

THE HUOVINEN TRANSFORM AND RECTIFIABILITY OF MEASURES

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ABSTRACT. For a set E of positive and finite length, we prove that if the Huovinen transform (the convolution operator with kernel $z^k/|z|^{k+1}$ for an odd number k) associated to E exists in principal value, then E is rectifiable.

1. INTRODUCTION

We say that a subset $E \subset \mathbb{C}$ is rectifiable if there exists Lipschitz maps $f_i : \mathbb{R} \rightarrow \mathbb{C}$, $i = 1, 2, \dots$, such that

$$\mathcal{H}^1\left(E \setminus \bigcup_{i=1}^{\infty} f_i(\mathbb{R})\right) = 0,$$

where \mathcal{H}^1 stands for the 1-dimensional Hausdorff measure. A locally finite Borel measure μ on \mathbb{C} is rectifiable if there exists a rectifiable set $E \subset \mathbb{C}$ such that

$$\mu(\mathbb{C} \setminus E) = 0.$$

The goal of this paper is to prove the following result.

Theorem 1.1. *Fix an odd number $k \in \mathbb{N}$. Suppose that μ is a finite Borel measure for which*

$$(1.1) \quad \limsup_{r \rightarrow 0} \frac{\mu(B(z, r))}{r} \in (0, \infty) \text{ for } \mu\text{-a.e. } z \in \mathbb{C}.$$

If the limit

$$(1.2) \quad \lim_{r \rightarrow 0} \int_{|z-\omega|>r} \frac{(z-\omega)^k}{|z-\omega|^{k+1}} d\mu(\omega) \text{ exists for } \mu\text{-a.e. } z \in \mathbb{C},$$

then μ is rectifiable.

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If $k = 1$ then Theorem 1.1 was proved by Tolsa [To3] using the Menger-Melnikov curvature method¹; in this case the principal value integral is the Cauchy transform of the measure μ . The curvature method is no longer directly applicable to this problem for $k \geq 3$, and it had been an open problem as to whether Theorem 1.1 holds in this case (see for instance [To5]).

If one replaces the limsup condition in (1.1) with the condition of positive lower density

$$(1.3) \quad \liminf_{r \rightarrow 0} \frac{\mu(B(z, r))}{r} > 0 \text{ for } \mu\text{-a.e. } z \in \mathbb{C},$$

then the case $k = 1$ of Theorem 1.1 was proved earlier by Mattila [M], and subsequently for all k odd by Huovinen [H]. It is for this reason that we call the integral transform given by convolution of a measure with the singular kernel $z \mapsto \frac{z^k}{|z|^{k+1}}$ the *Huovinen transform*.

Under the assumption (1.3), much stronger criteria for rectifiability are available in terms of tangent measures that no longer hold under the condition (1.1), see [P, Section 5.8]. Nevertheless, the tools introduced by Mattila and Huovinen are essential to our method².

A natural higher dimensional generalization of Mattila's result for $k = 1$ was proved by Mattila-Preiss [MP], who showed that if $d \in \mathbb{Z} \cap [2, \infty)$, $s \in \mathbb{Z} \cap [1, d - 1]$ and $0 < \liminf_{r \rightarrow 0} \frac{\mu(B(x, r))}{r^s} < \infty$ for μ -a.e. $x \in \mathbb{R}^d$, then the existence of the s -Riesz transform in principal value implies s -rectifiability³. Here the Riesz transform is the convolution of a measure in \mathbb{R}^d with the kernel $\frac{x}{|x|^{s+1}}$ where $x \in \mathbb{R}^d \setminus \{0\}$. The positive lower density assumption was later removed by Tolsa [To4], who introduced a very novel variation of a scheme of Legér [L] (which in turn has its origins in the work of David-Semmes [DS]).

Villa [Vil] recently extended the results of [M] to perturbations of the Cauchy kernel, and it would be interesting to understand whether those results remain valid without the assumption of positive lower density. The Huovinen kernel does not fall within this perturbative theory, but our analysis does not appear to apply to perturbations in

¹building upon a number of important results including [Me, MMV, Dav3, DM, MM, NTV2]

²More precisely, these techniques play an important role in Theorem A below.

³We say that a Borel measure μ is s -rectifiable if there exist Lipschitz maps $f_i : \mathbb{R}^s \rightarrow \mathbb{R}^d$, $i = 0, 1, \dots$, such that $\mu(\mathbb{R}^d \setminus \bigcup_{i=0}^{\infty} f_i(\mathbb{R}^s)) = 0$.

the generality that they are considered in [Vil].

Broadly speaking, we proceed by adapting the scheme implemented by in Tolsa [To4], but doing so required overcoming a basic difficulty. A measure μ for which the Cauchy (or Riesz) transform exists in principal value enjoy some ‘local flattening’ properties⁴ on account of the fact that the only *symmetric measures* associated to these kernels with suitable growth are (the Hausdorff measures of) planes. However, there are symmetric measures associated to the Huovinen kernel which are not flat – the *spike measures* – which will appear often in our analysis. It appears that all variants of the Legér scheme (for instance in [L, CMPT, To5, JTV]) have relied on this local flattening property in one way or another. In this paper we circumvent these difficulties with a novel decomposition of a measure involving a modified density, relying significantly on our previous papers [JM1, JM2], which we recall in the next sections.

1.1. A first necessary condition for existence of principal value: Small local action and transportation coefficients. In the paper [JM1] we studied the geometric consequences of a weaker notion than existence of principal value called *small local action*.

For a homogeneous Calderón-Zygmund operator, one can characterize the small local action property geometrically in terms of the transportation distance to the class of symmetric measures associated to the kernel (Theorem 1.1 of [JM1], building upon work of Mattila [M, M1]). We do not define these terms here, but rather state what it means for the Huovinen transform.

Definition 1.2. A k -spike measure associated to a line $D \in \mathcal{G}_0$ (i.e. going through 0) and the vertex $z \in \mathbb{C}$ is a measure of the form, for some $c > 0$,

$$\nu_{m,D,z} = c \sum_{n=0}^{m-1} \mathcal{H}_{e^{\pi i n/m} D+z},$$

where m divides k (henceforth $m \mid k$). We set \mathcal{S}_k to be the collection of all such spike measures over $D \in \mathcal{G}_0, z \in \mathbb{C}$.

Fix the Lipschitz continuous function φ that satisfies $\varphi \equiv 1$ on $[0, 3)$, $\|\varphi\|_{Lip} = 1$, and $\text{supp}(\varphi) \subset [0, 4)$.

⁴by this we mean that on a small scale either there is very little measure, or the support of the measure is close to a line/plane of appropriate dimension

Definition 1.3. Given a locally finite Borel measure μ , $z \in \mathbb{C}$, and $r > 0$, we define the transportation distance as

$$\alpha_\mu^{(k)}(B(z, r)) = \inf_{\substack{\nu \in \mathcal{S}_k: \\ z \in \text{supp}(\nu)}} \alpha_{\mu, \nu}(B(z, r)),$$

where, for a Borel measure ν ,

$$\alpha_{\mu, \nu}(B(z, r)) = \sup_{\substack{f \in \text{Lip}_0(B(z, 4r)) \\ \|f\|_{\text{Lip}} \leq \frac{1}{r}}} \left| \frac{1}{r} \int_{\mathbb{C}} \varphi\left(\frac{|\cdot - z|}{r}\right) f \, d(\mu - c_{\mu, \nu} \nu) \right|,$$

and with the normalizing constant $c_{\mu, \nu}$

$$c_{\mu, \nu} \stackrel{5}{=} \begin{cases} \int_{\mathbb{C}} \varphi\left(\frac{|\cdot - z|}{r}\right) d\mu \left[\int_{\mathbb{C}} \varphi\left(\frac{|\cdot - z|}{r}\right) d\nu \right]^{-1} & \text{if } \int_{\mathbb{C}} \varphi\left(\frac{|\cdot - z|}{r}\right) d\nu \neq 0 \\ 0 & \text{otherwise.} \end{cases}$$

The following result is an immediate consequence of Proposition A.1 and Theorem 1.5 of [JM1], making essential use of the aforementioned work of Mattila [M] and Huovinen [H].

Theorem A. [JM1] *Suppose that μ is a finite Borel measure satisfying (1.1) and (1.2), then*

$$(1.4) \quad \lim_{r \rightarrow 0} \alpha_\mu^{(k)}(B(z, r)) = 0 \text{ for } \mu\text{-a.e. } z \in \mathbb{C}.$$

This result provides valuable geometric information without which we would not be able to prove Theorem 1.1, but the condition (1.4) alone does not imply that μ is rectifiable, even if $k = 1$ – see for instance the examples in Section 5.8 of [P].

1.2. A second necessary condition for the existence of principal value: Operator boundedness. We set

$$K_k(z) = \frac{z^k}{|z|^{k+1}}, \text{ for } z \in \mathbb{C} \setminus \{0\}.$$

For a non-atomic Borel measure μ , we say the Huovinen transform associated to μ is bounded in $L^2(\mu)$ if there exists $C > 0$ such that

$$(1.5) \quad \sup_{\varepsilon > 0} \int_{\mathbb{C}} \left| \int_{\mathbb{C} \setminus B(z, \varepsilon)} K_k(z - \omega) f(\omega) d\mu(\omega) \right|^2 d\mu(z) \leq C \|f\|_{L^2(\mu)}^2$$

for every $f \in L^2(\mu)$.

A well-known consequence (see, for instance [Dav2], page 56) of the L^2 -boundedness condition (1.5) is that $\sup_{z \in \mathbb{C}, r > 0} \frac{\mu(B(z, r))}{r} < \infty$.

⁵For convenience, from now on we will suppress the dependence on both location and radius.

A simple special case of much more general results of Nazarov-Treil-Volberg [NTV2] and Tolsa [To3] is the following theorem, valid for a wide class of Calderón-Zygmund operators.

Theorem B. [NTV2] *Suppose that μ is a finite Borel measure satisfying (1.2) and*

$$(1.6) \quad \limsup_{r \rightarrow 0} \frac{\mu(B(z, r))}{r} < \infty \text{ for } \mu\text{-a.e. } z \in \mathbb{C}.$$

For every $\varepsilon > 0$ there is a set E_ε and a constant $C = C(\varepsilon)$ such that $\mu(\mathbb{C} \setminus E_\varepsilon) < \varepsilon$ and the measure $\mu|_{E_\varepsilon}$ satisfies the L^2 -boundedness condition (1.5).

The following Corollary is immediate from Theorem B.

Corollary 1.4. *Suppose that μ is a finite Borel measure satisfying (1.2) and (1.6). There is a decomposition $\text{supp}(\mu) = F \cup \bigcup_{j=1}^\infty E_j$, where $\mu(F) = 0$ and (1.5) holds with μ replaced by $\mu|_{E_j}$ for a constant $C = C(j)$.*

We conclude that the notion of principal value is (although qualitative) stronger than the L^2 -boundedness of the operator. It is actually *significantly stronger*: In [JN] an example was constructed of a (purely unrectifiable) measure for which the Huovinen transform is bounded in L^2 , but fails to exist in principal value⁶. Higher dimensional analogues of this example featuring kernels of spherical harmonics have recently been developed by Mateu and Prat [MaPr]. It would be very challenging to extend Theorem 1.1 to this higher dimensional setting – with the primary issue being to understand the structure of the set of symmetric measures associated to these higher dimensional kernels. Other examples of kernels for which L^2 -boundedness does not imply existence of principal value can be found in [CH, Dav].

We have thus far recorded two necessary conditions for the existence of principal value in Theorems A and B. Taken individually, neither condition needs to imply the existence of principal value, but by building on prior work of Mattila-Verdera [MV], we showed in [JM2] that when combined, these two necessary conditions are indeed sufficient:

Theorem C. [JM2, Theorem 1.5] *Suppose that μ is a finite non-atomic Borel measure satisfying the transportation coefficient condition (1.4),*

⁶This is another instance in which the Huovinen and Cauchy transforms behave very differently, since if μ is a non-atomic measure for which the Cauchy transform is bounded in L^2 , then the Cauchy transform exists in principal value (the same result here also holds for the $(d-1)$ -Riesz transform in \mathbb{R}^d , as can be seen by stringing together the results of [ENV, NToV, NToV2, MV]).

and the L^2 -boundedness condition (1.5) holds. Then the principal value limit (1.2) exists.

1.3. A revised statement. We conclude with a revised statement, which is essentially equivalent to Theorem 1.1, and which will be our focus:

Theorem 1.5. *Let μ be a finite non-atomic Borel measure in the complex plane and whose support satisfies $\mathcal{H}^1(\text{supp}(\mu)) < \infty$. Suppose that the Huovinen transform is bounded in $L^2(\mu)$ and*

$$\lim_{r \rightarrow 0} \alpha_\mu^{(k)}(B(z, r)) = 0 \text{ for } \mu\text{-a.e. } z \in \mathbb{C}.$$

Then μ is rectifiable.

This result is only new if $k \geq 3$ (for $k = 1$ it is a consequence of [To3]), but we will prove the statement for all odd k (although many of the statements of lemmas are automatically satisfied in the case $k = 1$). In the case $k = 1$, imposing the condition $\lim_{r \rightarrow 0} \alpha_\mu^{(k)}(B(z, r)) = 0$ for μ -a.e. $z \in \mathbb{C}$ is unnecessary – the result still holds if one removes this statement, which is a theorem due to David [Dav3], see also David-Mattila [DM]. However, for $k \geq 3$ the conclusion of rectifiability may fail without the additional assumption on the transportation numbers (cf. [JN]).

1.4. An overview of the proof. As we have already mentioned, the proof of Theorem 1.5 follows a similar scheme to the one in Tolsa [To4]: We decompose our measure into different pieces, where an adapted version of the David-Léger-Semmes scheme [L, DS] may be applied to construct a Lipschitz graph that approximates our measure. Finally, we revise Tolsa’s scheme in order to prove that the Lipschitz graph actually covers a good portion of our measure.

In order to carry both Léger’s and Tolsa’s schemes in a given scale, one needs, besides of course the analytic properties of the singular integral operator, two specific features from the measure: flatness with respect to lines and nearly maximal density. A priori, we are only equipped with spike flatness, i.e. our measure is in concentration close to either a line or to a spike. However, spikes allow big oscillations in density, making harder the search for suitable scales with nearly maximal density.

These issues are mainly bypassed with the decomposition of the measure (see Section 6) and the development of a modified density (see Sections 4 and 5). This new density moves us away from the center of the spikes (therefore it finds for us scales with regular flatness) and helps us to classify the spikes by the density in their rays.

In Sections 7 and 8 we carry out a variant of the Léger construction of an approximating Lipschitz curve, where the transportation coefficients play a central role.

The necessary geometric toolbox for Sections 4–8 is developed in Section 3.

Sections 9 and 10 closely follow Tolsa [To4], and mainly concern the Calderón-Zygmund theory required to show that the approximate Lipschitz curve (constructed in Section 7) does not rotate too much.

2. NOTATION AND PRELIMINARIES

In this section we include the basic notation that we will use throughout the paper and include some preliminaries from geometric measure theory that are relevant for the geometric constructions occupying the first half of the paper. Notation specific for the analytic part of the paper is included in Section 10.

2.1. Notation.

- We shall denote by $C > 0$ and $c > 0$ respectively large and small constants that may change from line to line. By $A \lesssim B$, we shall mean that $A \leq CB$ for some constant $C > 0$. $A \approx B$ then means that both $A \lesssim B$ and $B \lesssim A$. By $A \ll B$ we shall mean that $A \leq c_0 B$ for some sufficiently small constant $c_0 > 0$.
- Throughout the paper we will only consider locally finite Borel measures and they will simply be referred to as measures.
- An interval in \mathbb{R} will be typically denoted by I . Set $I_0 = (-1, 1)$.
- $B(z, r)$ denotes the open ball centered at $z \in \mathbb{C}$ with radius $r > 0$. Given an open ball B , we will denote its center by $c(B)$ and its radius by $r(B)$. Given $\Lambda > 0$ we denote by ΛB the ball with center $c(B)$ and radius $\Lambda r(B)$.
- \mathcal{G}_z denotes the collection of 1-dimensional affine linear subspaces of \mathbb{C} going through $z \in \mathbb{C}$.
- For $E \subset \mathbb{C}$ set

$$\mathcal{H}^1(E) = \sup_{\delta > 0} \left[\inf \left\{ \sum_{j=1}^{\infty} 2r_j : E \subset \bigcup_{j=1}^{\infty} B(x_j, r_j) \text{ and } r_j \leq \delta \right\} \right].$$

With this normalization, for $L \in \mathcal{G}_z$, $\mathcal{H}^1|_L$ coincides with the usual one-dimensional Lebesgue measure on L .

- For a function f defined on an open set $U \subset \mathbb{C}$, define

$$\|f\|_{\text{Lip}(U)} = \sup_{x, y \in U, x \neq y} \frac{|f(x) - f(y)|}{|x - y|}.$$

In the case $U = \mathbb{C}$, we write $\|f\|_{\text{Lip}}$ instead of $\|f\|_{\text{Lip}(\mathbb{C})}$.

- For an open set $U \subset \mathbb{C}$, define $\text{Lip}_0(U)$ to be the collection of functions f supported on a compact subset of U with

$$\|f\|_{\text{Lip}(U)} < \infty.$$

- We denote by $\text{supp}(\mu)$ the closed support of the measure μ ; that is,

$$\text{supp}(\mu) = \mathbb{C} \setminus \{\cup B : B \text{ is an open ball with } \mu(B) = 0\}.$$

- $\delta_\mu(B(z, r)) = \frac{\mu(B(z, r))}{2r}$ is referred to as the density of μ at the scale $B(z, r)$.
- We denote by $\Theta_\mu^*(z) = \limsup_{r \rightarrow 0} \frac{\mu(B(z, r))}{2r}$, the upper density of the measure μ at the point z .
- For $x \in \mathbb{C}$, write $x = \Re(x) + i\Im(x)$. Denote by π the projection from $\mathbb{C} \rightarrow \mathbb{R}$:

$$\pi(x) = \Re(x).$$

- We will use the notation

$$\varphi_{z,r}(y) = \varphi\left(\frac{|y-z|}{r}\right), \text{ for } y \in \mathbb{C}.$$

- We define the class of functions $\mathcal{F}_{z,r}$ as follows:

$$\mathcal{F}_{z,r} = \{f : f \in \text{Lip}_0(B(z, 4r)), \|f\|_{\text{Lip}} \leq 1/r\}.$$

- Given a ball B and a line $D \in \mathcal{G}_c(B)$, it will be convenient to write $\alpha_{\mu,D}(B)$ instead of $\alpha_{\mu, \mathcal{H}_D^1}(B)$. We will often refer to measures of the form $c\mathcal{H}_D^1$ for some $c > 0$ as a line measures.

2.2. Two transportation numbers that will recur throughout the work. We will mainly work with two transportation numbers (Definition 1.3). Recall that \mathcal{S}_k is the set of k -spike measures, and so \mathcal{S}_1 is the set of line measures in \mathbb{C} . We set

- $\alpha_\mu^{(k)}(B(z, r))$ as the transportation coefficient with respect to spikes and
- $\alpha_\mu(B(z, r)) = \alpha_\mu^{(1)}(B(z, r))$ as the transportation coefficient with respect to lines.

2.3. Basic Operator Notation. For a kernel function $K : \mathbb{C} \times \mathbb{C} \setminus \{(z, \omega) : z = \omega\} \rightarrow \mathbb{C}$ such that $|K(z, \omega)(z - \omega)|$ extends to a bounded function on $\mathbb{C} \times \mathbb{C}$, we set

$$P.V. \int_{\mathbb{C}} K(z, \omega) f(\omega) d\mu(\omega) = \lim_{r \rightarrow 0} \int_{|z-\omega|>r} K(z, \omega) f(\omega) d\mu(\omega)$$

provided that the right hand side exists. We say that K forms a principal value operator on $L^p(\mu)$ ($1 < p < \infty$) if there is a constant $C > 0$

$$(2.1) \quad \int_{\mathbb{C}} \left| P.V. \int_{\mathbb{C}} K(z, \omega) f(\omega) d\mu(\omega) \right|^p d\mu(z) \leq C \|f\|_{L^p(\mu)}^p$$

for all $f \in L^p(\mu)$. We call the least constant C such that (2.1) holds as the *principal value operator norm*.

It will prove very useful to define operators with a smoother cut-off. Define a function $\Psi : [0, \infty) \rightarrow [0, \infty)$ such that Ψ is non-decreasing, $\Psi(t) \equiv 0$ on $[0, 1/2]$ and $\Psi(t) = 1$ for $t \geq 1$, and $\|\Psi''\|_{\infty} \lesssim 1$. Put, for $r > 0$ and any measure ν

$$\widehat{T}_r \nu(z) = \int_{\mathbb{C}} \Psi\left(\frac{|z - \omega|}{r}\right) K_k(z - \omega) d\nu(\omega),$$

$$\widehat{T}_r^{\perp} \nu(x) = \int_{\mathbb{C}} \Psi\left(\frac{|z - \omega|}{r}\right) K_k^{\perp}(z - \omega) d\nu(\omega),$$

where $K_k^{\perp}(z) = \frac{\Im(z^k)}{|z|^{k+1}}$ for $z \in \mathbb{C} \setminus \{0\}$,

$$\widehat{T}_{r_1, r_2} \nu(x) = \begin{cases} \widehat{T}_{r_1} \nu(x) - \widehat{T}_{r_2} \nu(x) & \text{if } r_1 < r_2 \\ 0 & \text{if } r_2 \geq r_1, \end{cases}$$

and

$$T_{r_1, r_2}^{\perp} \nu(x) = \begin{cases} \widehat{T}_{r_1}^{\perp} \nu(x) - \widehat{T}_{r_2}^{\perp} \nu(x) & \text{if } r_1 < r_2 \\ 0 & \text{if } r_2 \geq r_1. \end{cases}$$

Lemma 2.1. *Suppose μ is a locally finite Borel measure.*

- (1) *If the principal value limit (1.2) exists at a given point $z \in \mathbb{C}$, then $\lim_{r \rightarrow 0} \widehat{T}_r(\mu)(z)$ exists and is equal to the same limit.*
- (2) *If the Huovinen transform is bounded in $L^2(\mu)$ (in the sense that (1.5) holds), then there is a constant C such that*

$$(2.2) \quad \left\| \sup_{r > 0} |\widehat{T}_r(f\mu)| \right\|_{L^2(\mu)}^2 \leq C \|f\|_{L^2(\mu)}^2 \text{ for every } f \in L^2(\mu)$$

The proof of (1) is by direct calculation, while (2) is standard Calderón-Zygmund theory: one estimates the difference between the smooth and rough cut-off by a suitable maximal function, and applies a Cotlar type lemma to bound the maximal singular integral (see [To5], Chapter 2).

In the event that there is a constant C such that (2.2) holds, we denote the least such constant by $\|\widehat{T}_{\mu}\|_{L^2(\mu), L^2(\mu)}$.

We warn the reader here that, even if the associated principal value operator exists and is bounded in $L^2(\mu)$, then $\|\widehat{T}_\mu\|_{L^2(\mu), L^2(\mu)}$ need not be comparable with the principal value operator norm.

3. TRANSPORTATION COEFFICIENTS TOOL BOX

Now we proceed to record a series of estimates regarding the transportation coefficients that will be used throughout the paper.

Throughout this section, ν will denote a locally finite Borel measure.

Lemma 3.1. *Let $\gamma > 0$ and suppose $s \in (0, r)$, $B(z, s) \subset B(x, 3r)$, $\text{dist}(z, \text{supp}(\nu)) \geq 2s$, and*

$$\alpha_{\mu, \nu}(B(x, r)) \leq \gamma \delta_\mu(B(x, r)).$$

Then

$$\delta_\mu(B(z, s)) \leq \gamma \left(\frac{r}{s}\right)^2 \delta_\mu(B(x, r)).$$

Proof. Choose $f \equiv 1$ on $B(z, s)$ with $\text{supp}(f) \subset B(z, 2s)$ and $\|f\|_{\text{Lip}} \leq \frac{1}{s}$. Then $\frac{s}{r}f \in \mathcal{F}_{x,r}$. Since $\alpha_{\mu, \nu}(B(x, r)) \leq \gamma \delta_\mu(B(x, r))$, but $\text{supp}(f) \cap \text{supp}(\nu) = \emptyset$,

$$\frac{1}{r} \cdot \frac{s}{r} \cdot \mu(B(z, s)) \leq \gamma \delta_\mu(B(x, r)),$$

and the result follows. \square

Lemma 3.2. *Let $\gamma > 0$ and suppose $s \in (0, r/2)$, $B(z, 3s) \subset B(x, 3r)$, and*

$$\alpha_{\mu, \nu}(B(x, r)) \leq \gamma \delta_\mu(B(x, r)).$$

Then

$$\alpha_{\mu, \nu}(B(z, s)) \lesssim \gamma \left(\frac{r}{s}\right)^2 \delta_\mu(B(x, r)).$$

Proof. Without loss of generality, suppose $x = 0$, $r = 1$ and $\mu(B(0, 1)) = 1$. Insofar as $B(z, 3s) \subset B(0, 3)$ and $s < 1/2$, $\text{supp}(\varphi_{z,s}) \subset \{\varphi_{0,1} \geq \frac{1}{2}\}$ and so the function $g = \frac{\varphi_{z,s}}{\varphi_{0,1}} \in \text{Lip}_0(B(0, 4))$ with $\|g\|_{\text{Lip}} \lesssim \frac{1}{s}$. For $f \in \mathcal{F}_{z,s}$, the function $\frac{s}{C}f \cdot g \in \mathcal{F}_{0,1}$ for a suitable constant $C > 0$, so testing the condition $\alpha_{\mu, \nu}(B(0, 1)) \leq \gamma$ yields that

$$\left| \int f \varphi_{z,s} d \left(\mu - \frac{\int \varphi_{0,1} d\mu}{\int \varphi_{0,1} d\nu} \nu \right) \right| \lesssim \gamma \frac{1}{s}.$$

On the other hand, testing the condition $\alpha_{\mu, \nu}(B(0, 1)) \leq \gamma$ with the function $\frac{s}{C}g$ yields

$$\left| \int \varphi_{z,s} d\mu - \frac{\int \varphi_{0,1} d\mu}{\int \varphi_{0,1} d\nu} \int \varphi_{z,s} d\nu \right| \lesssim \gamma \cdot \frac{1}{s}.$$

The required estimate is now obtained by combining these two inequalities. \square

Lemma 3.3 (Continuity of transportation coefficients). *Given a sequence $\{(x_j, r_j)\}_{j \geq 0} \in \mathbb{C} \times (0, \infty)$ satisfying that $x_j \rightarrow x_0$ and $r_j \rightarrow r_0$, we have the following:*

- (1) $\alpha_\mu(B(x_j, r_j)) \rightarrow \alpha_\mu(B(x_0, r_0))$.
- (2) *Moreover, given a sequence $D_j \in \mathcal{G}_{x_j}$ for all $j \geq 0$ satisfying $\angle(D_j, D_0) \rightarrow 0$, then $\alpha_{\mu, D_j}(B(x_j, r_j)) \rightarrow \alpha_{\mu, D}(B(x_0, r_0))$.*

We postpone the proof to the appendix.

4. DENSITY RATIO

For a non-zero measure we set

$$(4.1) \quad D_\nu = \sup_{\substack{r, s > 0 \\ x, z \in \text{supp}(\nu)}} \frac{\delta_\nu(B(x, r))}{\delta_\nu(B(z, s))}.$$

Observe that

- for any non-zero measure $\nu \neq 0$, $D_\nu \geq 1$,
- if ν is a line measure, then $D_\nu = 1$, and
- if $\nu \in \mathcal{S}_k$, then $D_\nu \leq k$.

Lemma 4.1. *Given a measure ν and $x \in \mathbb{C}$,*

$$\delta_\nu(B(x, r)) \leq 3D_\nu \cdot \delta_\nu(B(z, s)) \text{ for every } r, s > 0 \text{ and } z \in \text{supp}(\nu).$$

Moreover, if ν is a line measure, then

$$\delta_\nu(B(x, r)) \leq \delta_\nu(B(z, s)) \text{ for every } r, s > 0 \text{ and } z \in \text{supp}(\nu).$$

Proof. If $\nu(B(x, r)) = 0$ then there is nothing to prove. Otherwise $r > \text{dist}(x, \text{supp}(\nu))$, and fix $x_\nu \in \text{supp}(\nu)$ to be the closest point to x . The first statement follows from noticing that $B(x, r) \subset B(x_\nu, 3r)$. For the second statement, merely observe that if ν is a line measure, then $B(x, r) \cap \text{supp}(\nu) \subset B(x_\nu, r) \cap \text{supp}(\nu)$. \square

Lemma 4.2. *Let $\gamma > 0$ and suppose $s \in (0, r]$, $B(z, s) \subset B(x, 3r)$, and*

$$\alpha_{\mu, \nu}(B(x, r)) \leq \gamma \delta_\mu(B(x, r)),$$

for some measure ν satisfying that $x \in \text{supp}(\nu)$. Then,

- (1) *if $\gamma < \frac{1}{9}(s/r)^2$, one has*

$$\delta_\mu(B(z, s)) \leq 3D_\nu \left(1 + 8\sqrt{\gamma} \cdot \frac{r}{s}\right) \delta_\mu(B(x, r)),$$

and moreover, if ν is a line measure,

$$\delta_\mu(B(z, s)) \leq \left(1 + 8\sqrt{\gamma} \cdot \frac{r}{s}\right) \delta_\mu(B(x, r)).$$

(2) If $\gamma < \frac{1}{9D_\nu}(s/r)^2$, and in addition, $z \in \text{supp}(\nu)$, then

$$\delta_\mu(B(z, s)) \geq D_\nu^{-1} \left(1 - 8\sqrt{D_\nu\gamma} \cdot \frac{r}{s} \right) \delta_\mu(B(x, r)).$$

Proof. The statements are both trivial if $D_\nu = +\infty$, so we assume otherwise. Additionally, if $\delta_\mu(B(x, r)) = 0$, then $\mu = \nu$ in $B(x, r)$, but $x \in \text{supp}(\nu)$ so $\mu(B(x, r)) = \nu(B(x, r)) > 0$, a contradiction. Therefore $\delta_\mu(B(x, r)) > 0$.

Now, without loss of generality we set $x = 0$, $r = 1$, and $\mu(B(0, 1)) = 1$. Then $0 \in \text{supp}(\nu)$. We first prove (1). Fix $\eta \in (0, 1/3)$. Pick two bump functions f_1 and f_2 satisfying

- $f_1 \equiv 1$ on $B(z, s)$, $f_1 \equiv 0$ outside $B(z, (1 + \eta)s)$,
 $0 \leq f_1 \leq 1$, and $\|f_1\|_{\text{Lip}} \leq 1/(\eta s)$.
- $f_2 \equiv 1$ on $B(0, 1 - \eta)$, $f_2 \equiv 0$ outside $B(0, 1)$,
 $0 \leq f_2 \leq 1$, and $\|f_2\|_{\text{Lip}} \leq 1/\eta$.

On one hand, observe that $\eta s f_1 \in \mathcal{F}_{0,1}$ and therefore testing the condition $\alpha_{\mu,\nu}(B(0, 1)) \leq \gamma$ with $\eta a f_1$ yields

$$(4.2) \quad \frac{\mu(B(z, s))}{s} \leq \frac{\nu(B(z, (1 + \eta)s))}{s} \int_{\mathbb{C}} \varphi d\mu \left[\int_{\mathbb{C}} \varphi d\nu \right]^{-1} + \frac{\gamma}{\eta s^2}.$$

On the other hand, we notice that $\eta f_2 \in \mathcal{F}_{0,1}$, and hence by analogous reasoning,

$$(4.3) \quad 1 = \mu(B(0, 1)) \geq \nu(B(0, 1 - \eta)) \int_{\mathbb{C}} \varphi d\mu \left[\int_{\mathbb{C}} \varphi d\nu \right]^{-1} - \frac{\gamma}{\eta}.$$

Set (cf. Lemma 4.1)

$$\varkappa = \begin{cases} 1 & \text{if } \nu \text{ is a line measure} \\ 3 & \text{otherwise} \end{cases}.$$

Bringing (4.2) and (4.3) together, we obtain

$$\begin{aligned} \frac{\mu(B(z, s))}{s} &\leq \left(1 + \frac{\gamma}{\eta} \right) \frac{\nu(B(z, (1 + \eta)s))}{s \cdot \nu(B(0, 1 - \eta))} + \frac{\gamma}{\eta s^2} \\ &= \left(1 + \frac{\gamma}{\eta} \right) \frac{1 + \eta}{1 - \eta} \frac{\delta_\nu(B(z, (1 + \eta)s))}{\delta_\nu(B(0, 1 - \eta))} + \frac{\gamma}{\eta s^2} \\ &\leq \left(1 + \frac{\gamma}{\eta} \right) \frac{1 + \eta}{1 - \eta} \varkappa D_\nu + \frac{\gamma}{\eta s^2} \\ &\leq \left(\frac{1 + \eta}{1 - \eta} + \frac{3\gamma}{\eta s^2} \right) \varkappa D_\nu, \end{aligned}$$

where in the final inequality we have used the facts that $\frac{1+\eta}{1-\eta} \leq 2$, $\varkappa \geq 1$, $D_\nu \geq 1$ and $s \leq 1$. Put $\eta^{-1} = s\sqrt{\frac{2}{3\gamma}} + 1$ so that then

$$\frac{1+\eta}{1-\eta} + \frac{3\gamma}{\eta s^2} = 1 + 2\sqrt{6}\frac{\sqrt{\gamma}}{s} + \frac{3\gamma}{s^2} \leq 1 + (1 + 2\sqrt{6})\frac{\sqrt{\gamma}}{s},$$

and (1) follows.

The proof of (2) follows an entirely analogous line of reasoning. Again fix $\eta \in (0, 1/3)$. First notice that testing $\alpha_{\mu,\nu}(B(0, 1)) \leq \gamma$ with suitable test functions yields

$$\frac{\mu(B(z, s))}{s} \geq \left(1 - \frac{\gamma}{\eta}\right) \frac{\nu(B(z, (1-\eta)s))}{s\nu(B(0, 1+\eta))} - \frac{\gamma}{\eta s^2}.$$

Next, observe that due to the fact that $z \in \text{supp}(\nu)$,

$$\frac{\nu(B(z, (1-\eta)s))}{s\nu(B(0, 1+\eta))} \geq \frac{1-\eta}{1+\eta} D_\nu^{-1},$$

and so

$$\delta_\mu(B(z, s)) \geq \left(\frac{1-\eta}{1+\eta} - \frac{2\gamma D_\nu}{\eta s^2}\right) D_\nu^{-1}.$$

(Here we are using that $\frac{1-\eta}{1+\eta} \leq 1$, and $D_\nu \geq 1$.) Choosing $\eta^{-1} = s\sqrt{\frac{2}{3\gamma D_\nu}} - 1$ we complete the proof of part (2) with some elementary manipulations. \square

Lemma 4.3. *Let $\delta, \gamma > 0$ with $\delta \leq 1$ and suppose $s \in (0, r]$, $B(z, s) \subset B(x, 2r)$, $\delta_\mu(B(z, s)) \geq \delta \cdot \delta_\mu(B(x, r))$, and*

$$\alpha_{\mu,\sigma}(B(x, r)) \leq \gamma \delta_\mu(B(x, r)), \quad \alpha_{\mu,\nu}(B(z, s)) \leq \gamma \delta_\mu(B(z, s)),$$

where ν and σ are measures such that $x \in \text{supp}(\sigma)$ and $z \in \text{supp}(\nu)$. Then for every $y \in \text{supp}(\nu) \cap B(z, s)$,

$$\min\left\{s, \text{dist}(y, \text{supp}(\sigma))\right\} \lesssim \sqrt{\frac{\gamma \cdot D_\nu}{\delta}} \cdot r.$$

Proof. Suppose $x = 0$, $r = 1$ and $\mu(B(0, 1)) = 1$. Fix $y \in B(z, s) \cap \text{supp}(\nu)$, and set $t = \min\{s, \frac{1}{2} \cdot \text{dist}(y, \text{supp}(\sigma))\}$. We may assume that $t \geq 16\sqrt{D_\nu\gamma} \cdot s$ as otherwise the claimed estimate is clearly true.

Under this assumption on t , part (2) of Lemma 4.2 ensures that

$$\delta_\mu(B(y, t)) \geq D_\nu^{-1} \left(1 - 8\sqrt{D_\nu\gamma} \frac{s}{t}\right) \delta_\mu(B(z, s)) \geq \frac{1}{2D_\nu} \delta_\mu(B(z, s)) \geq \frac{\delta}{2D_\nu}.$$

On the other hand, by construction $t \leq 1$, so $B(y, t) \subset B(0, 3)$ and by Lemma 3.1,

$$\delta_\mu(B(y, t)) \leq \frac{\gamma}{t^2} \mu(B(0, 1)) = \frac{\gamma}{t^2}.$$

Joining these two chains of inequalities together, we obtain

$$\delta \leq 2D\nu \frac{\gamma}{t^2},$$

and this yields the desired upper bound on t . \square

The following Corollary is an immediate consequence of this lemma in the case when ν and σ are line measures, but it will be used very often in what follows so we state it separately.

Corollary 4.4. *Let $\gamma > 0$ and $\delta \in (0, 1]$. Suppose $s \in (0, r]$, $B(z, s) \subset B(x, 2r)$, $\delta_\mu(B(z, s)) \geq \delta \cdot \delta_\mu(B(x, r))$ and there exist $D \in \mathcal{G}_x$ and $D' \in \mathcal{G}_z$ such that*

$$\alpha_{\mu, D}(B(x, r)) \leq \gamma \delta_\mu(B(x, r)), \quad \alpha_{\mu, D'}(B(z, s)) \leq \gamma \delta_\mu(B(z, s)).$$

Then

$$\min\left\{s, \text{dist}(y, D)\right\} \lesssim \sqrt{\frac{\gamma}{\delta}} \cdot r \text{ for every } y \in D' \cap B(z, s),$$

and therefore

$$\angle(D, D') \lesssim \sqrt{\frac{\gamma}{\delta}} \cdot \frac{r}{s}.$$

The next lemma will play a crucial role in the stopping time argument.

Lemma 4.5. *Fix $\delta \in (0, 1]$ and $\gamma > 0$ with $\gamma \ll \delta$. There is a constant $C > 0$ such that the following holds:*

Suppose that $B(z, 4s) \subset B(x, 2r)$ where $s \in [C\sqrt{\frac{\gamma}{\delta}}r, \frac{1}{4}r]$, and additionally

- $\alpha_{\mu, D}(B(x, r)) \leq \gamma \delta_\mu(B(x, r))$,
- $\alpha_\mu^{(k)}(B(z, 4s)) \leq \gamma^2 \delta_\mu(B(x, r))$, and
- $\delta_\mu(B(z, s)) \geq \delta \cdot \delta_\mu(B(x, r))$.

Then there exists $D' \in \mathcal{G}_z$ such that

$$\alpha_{\mu, D'}(B(z, s)) \lesssim \frac{\gamma^2}{\delta} \delta_\mu(B(z, s)) \text{ and } \angle(D', D) \lesssim \sqrt{\frac{\gamma}{\delta}} \frac{r}{s}.$$

Proof. Fix $q \geq 1$ to be chosen momentarily, and suppose that $s \in [q\sqrt{\frac{\gamma}{\delta}}r, \frac{1}{4}r]$. Insofar as $\delta_\mu(B(z, s)) \geq \delta \cdot \delta_\mu(B(x, r))$, there is a spike measure ν , with $z \in \text{supp}(\nu)$, satisfying

$$\alpha_{\mu, \nu}(B(z, 4s)) \leq 2\frac{\gamma^2}{\delta} \delta_\mu(B(z, s)).$$

There is a line D' in $\text{supp}(\nu)$ that contains z . If $\nu|_{B(z, 4s)} = \mathcal{H}_{|D' \cap B(z, 4s)}^1$, then certainly the desired inequality holds (see Lemma 3.2). So suppose

not and therefore there is another line D'' in the support of ν which intersects $B(z, 4s)$. But now since $\angle(D', D'') \geq \pi/k$, there must be a point $y \in B(z, 4s) \cap (D' \cup D'') \subset B(z, 4s) \cap \text{supp}(\nu)$ that is at a distance $\gtrsim s$ from the line D . On the other hand, $B(z, 4s) \subset B(x, 2r)$ and $y \in B(z, 4s)$ so Lemma 4.3⁷ ensures that (recall $D_\nu \leq k$)

$$\min(s, \text{dist}(y, D)) \lesssim \sqrt{\frac{\gamma}{\delta}} r \lesssim \frac{s}{q}.$$

But $\text{dist}(y, D) \gtrsim r$, so we reach a contradiction if q is large enough. Therefore, setting $C = q$, we must have that $\alpha_{\mu, D'}(B(z, s)) \lesssim \frac{\gamma^2}{\delta} \delta_\mu(B(z, s))$.

Since $\gamma \ll \delta$, the second assertion of the lemma now follows from Corollary 4.4. \square

5. NAVIGATING THROUGH SPIKES: A MODIFIED DENSITY

We introduce a density that enables one to find a flat piece of a measure μ given that μ is close to a spike in transportation distance.

For $\nu \in \mathcal{S}_k \setminus \{\nu \equiv 0\}$, set

$$\lambda_\nu = \inf_{\substack{x \in \text{supp}(\nu) \\ r > 0}} \frac{1}{r} \sup \left\{ t \in (0, r) : \begin{array}{l} \text{there are } B(z, t) \subset B(x, r), z \in \text{supp}(\nu), \\ \text{a line } D \in \mathcal{G}_z, \text{ and } c > 0, \text{ such that} \\ \nu|_{B(z, 4 \cdot 30t)} = c \mathcal{H}^1|_{D \cap (B(z, 4 \cdot 30t))} \end{array} \right\}.$$

and

$$\lambda_k = \inf_{\nu \in \mathcal{S}_k, \nu \neq 0} \lambda_\nu.$$

We will often use the simple observation that $\lambda_k \gtrsim 1$.

Now recall the density ratio (4.1). We define

$$D_k = \sup_{\nu \in \mathcal{S}_k, \nu \neq 0} D_\nu.$$

Observe that $1 \leq D_k \leq k \lesssim 1$.

Fix $\varepsilon \ll 1$. For $x \in \mathbb{C}$ and $r > 0$, set

$$S_{x,r}(\varepsilon) = \left\{ B : \begin{array}{l} B \text{ a ball, } B \subset B(x, r), \delta_\mu(B) \geq \frac{1}{2D_k} \delta_\mu(B(x, r)), \\ r(B) \geq \frac{\lambda_k}{2} r, \text{ and } \alpha_\mu(30B) \leq \varepsilon \delta_\mu(B) \end{array} \right\}.$$

We then define the modified density

$$\tilde{\delta}_{\mu, \varepsilon}(B(x, r)) = \begin{cases} \inf_{B \in S_{x,r}(\varepsilon)} \delta_\mu(B) & \text{if } S_{x,r}(\varepsilon) \neq \emptyset \\ 0 & \text{otherwise.} \end{cases}$$

⁷Applied with $\sigma \mapsto \mathcal{H}^1|_D$, $\nu \mapsto \nu$, and s replaced by $4s$.

We will usually just drop the subscript ε , and write $\tilde{\delta}_\mu(B(x, r))$ instead of $\tilde{\delta}_{\mu, \varepsilon}(B(x, r))$. Observe that we have, for any ball $B(x, r)$ and $B \in S_{x, r}(\varepsilon)$,

$$(5.1) \quad \delta_\mu(B) \leq \frac{2}{\lambda_k} \delta_\mu(B(x, r)), \text{ and so } \tilde{\delta}_\mu(B(x, r)) \leq \frac{2}{\lambda_k} \delta_\mu(B(x, r)).$$

Lemma 5.1. *Let $x \in \mathbb{C}$ and $r > 0$ be such that*

$$(5.2) \quad \alpha_\mu^{(k)}(B(x, 30r)) \ll \varepsilon \delta_\mu(B(x, r)).$$

Then we have that

$$S_{x, r}(\varepsilon) \neq \emptyset$$

and

$$(5.3) \quad \frac{1}{C_k} \delta_\mu(B(x, r)) \leq \tilde{\delta}_\mu(B(x, r)) \leq C_k \delta_\mu(B(x, r))$$

where $C_k = \max\{2D_k, 2/\lambda_k\}$.

Proof. Without loss of generality, we assume that $x = 0$, $r = 1$ and $\mu(B(0, 1)) = 1$. Choose $\nu \in \mathcal{S}_k$ such that $\alpha_{\mu, \nu}(B(0, 30)) \leq \varkappa \cdot \varepsilon$ with $\varkappa \ll 1$.

First, we note that it suffices to verify that $S_{0, 1}(\varepsilon) \neq \emptyset$. Indeed, if this is the case, then the lower bound in (5.3) is given by the definition of $S_{0, 1}(\varepsilon)$, while the upper bound follows from (5.1).

Now we proceed to prove that $S_{0, 1}(\varepsilon) \neq \emptyset$. If the measure ν is a line, then the scale $B(0, 1)$ itself belongs to $S_{0, 1}(\varepsilon)$.

If ν is a spike, i.e. $\nu \in \mathcal{S}_k \setminus \mathcal{S}_1$, then by using the definition of λ_ν , we can find $z \in \text{supp}(\nu) \cap B(0, 1)$ and $s > 0$ satisfying $s \geq \frac{1}{2} \lambda_\nu \geq \frac{1}{2} \lambda_k \gtrsim 1$, $B(z, s) \subset B(0, 1)$, and such that $\nu|_{B(z, 4 \cdot 30s)} = c \mathcal{H}_{L \cap B(z, 4 \cdot 30s)}^1$, for some line segment L and $c > 0$.

Now using Part 2 of Lemma 4.2, we have that

$$\delta_\mu(B(z, s)) \geq \frac{1}{2D_\nu} \delta_\mu(B(0, 1)) \geq \frac{1}{2D_k},$$

and so $\delta_\mu(B(z, s)) \approx 1$. On the other hand, $B(z, 30s) \subset B(0, 30)$ and $s \gtrsim 1$, so Lemma 3.2 ensures that

$$\alpha_\mu(B(z, 30s)) \lesssim \varkappa \varepsilon \lesssim \varkappa \varepsilon \delta_\mu(B(z, s)) < \varepsilon \delta_\mu(B(z, s)).$$

This proves that $S_{0, 1}(\varepsilon) \neq \emptyset$. \square

Our last preparatory lemma is an essential ingredient to push through an analogue of Tolsa's scheme. It says, roughly, that for flat scales, control of $\tilde{\delta}_\mu$ prevents the density δ_μ from being too large.

Lemma 5.2. Fix $\theta \in (0, 1)$ and $0 < \varepsilon \ll \theta$. Suppose $\alpha_\mu(B(x, 30r)) \leq \varepsilon$ and $\tilde{\delta}_\mu(B(x, r)) \leq 1 + \theta$. Then for every $B' \subset B(x, 30r)$ satisfying $r(B') \geq \frac{1}{200}\varepsilon^{1/4}r$ we have that

$$\delta_\mu(B') \leq 1 + \theta + C\varepsilon^{1/8}.$$

Proof. Without loss of generality, set $x = 0$ and $r = 1$. Fix $D \in \mathcal{D}_0$ with $\alpha_{\mu,D}(B(0, 30)) \leq (1 + \theta)\varepsilon$. Assume there exists a ball $B' \subset B(0, 30)$ satisfying $r(B') \geq \frac{1}{200}\varepsilon^{1/4}$ and $\delta_\mu(B') \geq 1 + \theta + L\varepsilon^{1/8}$ for a large constant L . By monotonicity of the measure, this ensures that $\delta_\mu(B(0, 30)) \gtrsim \varepsilon^{1/4}$. Therefore,

$$\alpha_{\mu,D}(B(0, 30)) \lesssim \varepsilon^{3/4}\delta_\mu(B(0, 30)),$$

and since $\varepsilon^{3/4} \ll (r(B'))^2$, using parts (1) and (2) of Lemma 4.2 (in that order) results in the following chain of inequalities:

$$1 + \theta + L\varepsilon^{1/8} \leq \delta_\mu(B') \leq (1 + C\varepsilon^{1/8})\delta_\mu(B(0, 30)) \leq (1 + C\varepsilon^{1/8})\delta_\mu(B(0, 1)).$$

Insofar as $\varepsilon \ll 1$, if L is large enough then

$$\delta_\mu(B(0, 1)) \geq 1 + \theta + \frac{L}{2}\varepsilon^{1/8}.$$

We notice that the previous trivially implies that

$$\alpha_{\mu,D}(B(0, 30)) \leq \varepsilon\delta_\mu(B(0, 1)),$$

and so in particular $S_{0,1}(\varepsilon) \neq \emptyset$.

Now, insofar as $\tilde{\delta}_\mu(B(0, 1)) \leq 1 + \theta$, we can find a ball $\tilde{B} = B(z, s) \in S_{0,1}(\varepsilon)$ with

$$\frac{1}{2D_k} \leq \delta_\mu(\tilde{B}) \leq 1 + \theta + \varepsilon^2 \text{ and } \alpha_\mu(30\tilde{B}) \leq \varepsilon\delta_\mu(\tilde{B}) \lesssim \varepsilon\delta_\mu(30\tilde{B}).$$

Since $s \approx 1$, Lemma 4.3⁸ ensures that $d(z, D) \lesssim \varepsilon^{1/2}$. Therefore, we can inscribe in \tilde{B} a ball \hat{B} centred on D of radius $(1 - C\sqrt{\varepsilon})s$, and so $\delta_\mu(\tilde{B}) \geq (1 - C\sqrt{\varepsilon})\delta_\mu(\hat{B})$. But now part (2) of Lemma 4.2 ensures that

$$\delta_\mu(\hat{B}) \geq (1 - C\sqrt{\varepsilon})\delta_\mu(B(0, 1)) \geq (1 - C\sqrt{\varepsilon})\left(1 + \theta + \frac{L}{2}\varepsilon^{1/8}\right).$$

Finally, for large enough L ,

$$\delta_\mu(\tilde{B}) \geq 1 + \theta + \frac{L}{4}\varepsilon^{1/8},$$

reaching our desired contradiction. \square

⁸applied with r and s replaced by $30r$ and $30s$ respectively, $\sigma = \mathcal{H}^1|_D$, ν equal a line measure with $\alpha_{\mu,\nu}(30\tilde{B}) \lesssim \varepsilon\delta_\mu(30\tilde{B})$, and δ replaced by $\frac{1}{2D_k} \gtrsim 1$

6. THE MAIN LEMMA AND THE PROOF OF THEOREM 1.5

Now we are ready to state the Main Lemma.

Main Lemma 6.1. *Fix $M > 1$, $\varepsilon \in (0, 1)$, and $\theta \in (0, 1)$. Let $B_0 = B(x_0, r_0)$ be an open ball and F a compact subset with $F \subset 10B_0$ satisfying*

- (a) $\delta_\mu(B_0) = 1$, $\alpha_\mu(30B_0) \leq \varepsilon$, and $\mu(10B_0 \setminus F) \leq \varepsilon r_0$,
- (b) $\tilde{\delta}_\mu(B(x, r)) \leq 1 + \theta^2$ for all $x \in F$ and $r \in (0, 90r_0)$,
- (c) $\alpha_\mu^{(k)}(B(x, r)) < \varepsilon^2$ for every ball $B(x, r)$ where $x \in F$ and $r \in (0, 600r_0)$,
- (d) $\|\widehat{T}_\mu\|_{L^2(\mu), L^2(\mu)} \leq M$,
- (e) $|\widehat{T}_{r_1, r_2}(\mu)(x)| < \varepsilon$ for all $x \in F$ and $r_1, r_2 \in (0, 90r_0)$.

There exists an absolute constant $c_0 > 0$ such that if θ is chosen small enough depending on M , and ε is chosen small enough in terms of θ and M , then there Lipschitz graph Γ such that $\mu(B_0 \cap F \cap \Gamma) \geq c_0 \mu(B_0)$.

6.1. Proof of Theorem 1.5. We first use Lemma 6.1 to give the

Proof of Theorem 1.5. Suppose that μ is a non-atomic measure satisfying the assumptions of Theorem 1.5. As we discussed in the introduction (see [Dav2]), since the Huovinen transform is bounded in $L^2(\mu)$, it follows that

$$\sup_{x \in \mathbb{C}, r > 0} \delta_\mu(B(x, r)) < \infty,$$

and, therefore, insofar as $\mathcal{H}^1(\text{supp}(\mu)) < \infty$,

$$(6.1) \quad \Theta_\mu^*(x) := \limsup_{r \rightarrow 0} \delta_\mu(x, r) \in (0, \infty) \text{ for } \mu\text{-a.e. } x \in \mathbb{C}.$$

From Theorem C we have that the Huovinen transform exists in principal value (i.e. (1.2) exists). Appealing to Lemma 2.1 we therefore infer that

$$(6.2) \quad \|\widehat{T}\|_{L^2(\mu), L^2(\mu)} < \infty \text{ and } \lim_{r_1, r_2 \rightarrow 0} \widehat{T}_{r_1, r_2}(\mu)(x) = 0 \text{ for } \mu\text{-a.e. } x \in \mathbb{C}.$$

Take an arbitrary subset $\tilde{E} \subset \text{supp}(\mu)$ with $\mu(\tilde{E}) > 0$. Our goal is to show that there is a Lipschitz curve that intersects \tilde{E} in a set of positive μ -measure. It is well known that this implies rectifiability – For instance, by implying that the purely unrectifiable component of $\text{supp}(\mu)$ has zero length, see e.g. Léger [L, p. 836].

Firstly, for each $i \in \mathbb{Z}$, define

$$(6.3) \quad E_i = \{x \in \tilde{E} : 2^{-(i+1)} \leq \Theta_\mu^*(x) < 2^{-i}\}.$$

The property (6.1) ensures that $\mu(\tilde{E} \setminus \bigcup_i E_i) = 0$.

With a density threshold established, we now introduce $0 < \varepsilon_i \ll 1$, and put

$$E_{i,j} = \left\{ x \in E_i : \sup_{0 < r_1 \leq r_2 < 1/j} |\widehat{T}_{r_1, r_2} \mu(x)| \leq \frac{1}{C_k} \varepsilon_i 2^{-i-3} \right\},$$

and

$$(6.4) \quad E_{i,j,m} = \left\{ x \in E_{i,j} : \sup_{0 < r < 1/m} \alpha_\mu^{(k)}(B(x, r)) \leq \frac{1}{C_k} \varepsilon_i^2 2^{-i-3} \right\},$$

for $(j, m) \in \mathbb{N}^2$. Here $C_k > 1$ is the constant appearing in Lemma 5.1.

The assumption that $\lim_{r \rightarrow 0} \alpha_\mu^{(k)}(B(x, r)) = 0$ for μ -a.e. $x \in \mathbb{C}$, together with (6.2), imply that for every $i \in \mathbb{Z}$

$$\mu\left(E_i \setminus \bigcup_{(j,m) \in \mathbb{N}^2} E_{i,j,m}\right) = 0.$$

Next we show that if $x \in E_{i,j,m}$, then

$$(6.5) \quad \frac{2^{-(i+2)}}{C_k} \leq \limsup_{r \rightarrow 0} \tilde{\delta}_\mu(B(x, r)) \leq 2^{-i+1} C_k.$$

Indeed, let $r \in (0, \frac{1}{30m})$ be such that $2^{-(i+2)} < \delta_\mu(B(x, r)) < 2^{-i+1}$. Then $\alpha_\mu^{(k)}(B(x, 30r)) < \varepsilon_i^2 \delta_\mu(B(x, r))$, and Lemma 5.1 is applicable ($\varepsilon_i \ll 1$). Consequently, $S_{x,r}(\varepsilon_i) \neq \emptyset$ and

$$\frac{2^{-(i+2)}}{C_k} \leq \tilde{\delta}_\mu(B(x, r)) \leq 2^{-i+1} C_k,$$

so the lower bound in (6.5) follows. For the upper bound, recall that $C_k \geq 2/\lambda_k$ and so we infer from (5.1) that $\limsup_{r \rightarrow 0} \tilde{\delta}_\mu(B(x, r)) \leq C_k \Theta_\mu^*(x) < C_k 2^{-i}$.

Next, we introduce $\theta_i \in (0, 1)$ with $\theta_i \ll 1$. Given $n \in \mathbb{Z}_+$, we define the sets $E_{i,j,m,n}$ as

$$E_{i,j,m,n} = \left\{ x \in E_{i,j,m} : \frac{2^{-(i+2)}}{C_k} (1 + \theta_i^2)^n \leq \limsup_{r \rightarrow 0} \tilde{\delta}_\mu(B(x, r)) < \frac{2^{-(i+2)}}{C_k} (1 + \theta_i^2)^{n+1} \right\}.$$

Fixing a sufficiently large integer N (depending on C_k and θ_i), we obtain from (6.5) the following decomposition:

$$E_{i,j,m} = \bigcup_{n=0}^N E_{i,j,m,n}.$$

Our final step is to further decompose $E_{i,j,m,n}$. For $p \in \mathbb{N}$, set

$$E_{i,j,m,n,p} = \left\{ x \in E_{i,j,m,n} : \sup_{0 < r \leq 1/p} \tilde{\delta}_\mu(B(x,r)) \leq \frac{2^{-(i+2)}}{C_k} (1 + \theta_i^2)^{n+2} \right\}.$$

Clearly,

$$E_{i,j,m,n} = \bigcup_{p \in \mathbb{N}} E_{i,j,m,n,p}.$$

Select $\tilde{E}_{i,j,m,n,p} \subset E_{i,j,m,n,p}$ satisfying $\tilde{E}_{i,j,m,n,p} \cap \tilde{E}_{i',j',m',n',p'} = \emptyset$ whenever $(i, j, m, n, p) \neq (i', j', m', n', p')$ but still

$$\mu \left(\tilde{E} \setminus \bigcup_{i,j,m,n,p} \tilde{E}_{i,j,m,n,p} \right) = 0.$$

Now fix i, j, m, n, p with $\mu(\tilde{E}_{i,j,m,n,p}) > 0$. For each density point z of $\tilde{E}_{i,j,m,n,p}$ choose $r < \frac{1}{90} \min(1/j, 1/k, 1/p, 1/30m)$ satisfying

$$(6.6) \quad \frac{2^{-(i+2)}}{C_k} (1 + \theta_i^2)^{n-1} \leq \tilde{\delta}_\mu(B(z,r)) \leq \frac{2^{-(i+2)}}{C_k} (1 + \theta_i^2)^{n+2},$$

and

$$(6.7) \quad \mu(B(z, 10r) \setminus \tilde{E}_{i,j,m,n,p}) < \frac{1}{\lambda_k C_k} \varepsilon_i \mu(B(z, r)).$$

Consider the measure $\tilde{\mu} := \frac{1}{\delta_\mu(B_0)} \mu$, where B_0 is a ball in $S_{z,r}(\varepsilon_i)$ (recall that $S_{z,r}(\varepsilon_i) \neq \emptyset$). Our goal will be to apply Main Lemma 6.1 to the measure $\tilde{\mu}$ with ball B_0 and with F taken to be a compact subset of $10B_0 \cap \tilde{E}_{i,j,m,n,p}$ with $\mu(10B_0 \cap \tilde{E}_{i,j,m,n,p} \setminus F)$ arbitrarily small. Let us verify each of the assumptions of the lemma in turn:

(a). By definition $\delta_{\tilde{\mu}}(B_0) = 1$. Since $B_0 \in S_{z,r}(\varepsilon_i)$ it follows that $\alpha_\mu(30B_0) \leq \varepsilon_i \delta_\mu(B_0)$ and therefore $\alpha_{\tilde{\mu}}(30B_0) \leq \varepsilon_i$.

Next we proceed to check that $\tilde{\mu}(10B_0 \setminus F) < \varepsilon_i r_0$. Provided $\mu(10B_0 \cap \tilde{E}_{i,j,m,n,p} \setminus F)$ is small enough, (6.7) and the definition of $S_{z,r}(\varepsilon_i)$ ensure that

$$\mu(10B_0 \setminus F) < \frac{1}{C_k \lambda_k} \varepsilon_i \mu(B(z, r)) \leq \varepsilon_i \mu(B_0),$$

which is the same as $\tilde{\mu}(10B_0 \setminus F) \leq \varepsilon_i r_0$.

(b). Fix $x \in F$ and $0 < r' \leq 90r_0$. We need to show that

$$(6.8) \quad \tilde{\delta}_{\tilde{\mu}}(B(x, r')) \leq 1 + \theta_i.$$

But since $r' < 1/p$

$$\begin{aligned}\tilde{\delta}_\mu(B(x, r')) &\leq \frac{2^{-(i+2)}}{C_k}(1 + \theta_i^2)^{n+2} \leq (1 + \theta_i^2)^3 \tilde{\delta}_\mu(B(z, r)) \\ &\leq (1 + \theta_i^2)^3 \delta_\mu(B_0) \leq (1 + \theta_i) \delta_\mu(B_0),\end{aligned}$$

where (6.6) was used in the second inequality, the third inequality follows from definition of $\tilde{\delta}_\mu$, and the final inequality uses that $\theta_i \ll 1$. The inequality (6.8) is proved.

The assumptions (c) and (e) hold since for all $x \in F$,

$$\sup_{0 < r_1 \leq r_2 < 1/j} |\widehat{T}_{r_1, r_2} \mu(x)| \leq \frac{2^{-i-3}}{C_k} \varepsilon_i \text{ and } \sup_{0 < r < 1/m} \alpha_\mu^{(k)}(B(x, r)) \leq \frac{2^{-i-3}}{C_k} \varepsilon_i^2,$$

while $\delta_\mu(B_0) \geq \frac{1}{C_k} 2^{-i-2}$.

(d) Finally, since $\delta_\mu(B_0) \geq \frac{2^{-i-2}}{C_k}$, we have that $\|\tilde{T}_{\tilde{\mu}, r} f\|_{L^2(\tilde{\mu}), L^2(\tilde{\mu})} \leq 2^{i+2} C_k \|T_\mu\|_{L^2(\mu) \rightarrow L^2(\mu)}$ for every $f \in L^2(\mu)$, so assumption (d) holds with M replaced by $M_i = 2^{i+2} C_k \|T_\mu\|_{L^2(\mu) \rightarrow L^2(\mu)}$.

Therefore we have checked that the assumption of Main Lemma 6.1 hold with ε_i , θ_i and M_i . Provided that ε_i and θ_i are sufficiently small in terms of $\max\{1, M_i\}$, with ε_i much smaller than θ_i , we infer that there is a Lipschitz graph that intersects \tilde{E} in a set of positive measure. \square

6.2. Proof of Theorem 1.1. In this section, we indicate how Theorem 1.1 follows from Theorem 1.5 by using Corollary 1.4.

Proof of Theorem 1.1. Since μ is a finite measure satisfying (1.1), then $\text{supp}(\mu)$ has σ -finite length. We therefore infer from Corollary 1.4 we may write $\text{supp}(\mu) = F \cup \bigcup_j E_j$, where $\mathcal{H}^1(F) = 0$, $\mathcal{H}^1(E_j) < \infty$, and, with $\mu_j = \mu|_{E_j}$, the Huovinen transform is bounded in $L^2(\mu_j)$. On the other hand, Theorem A ensures that $\lim_{r \rightarrow 0} \alpha_\mu^{(k)}(B(x, r)) = 0$ for μ -almost everywhere. From this it is a routine matter to see that $\lim_{r \rightarrow 0} \alpha_{\mu_j}^{(k)}(B(x, r)) = 0$ for μ_j -almost every density point x of μ_j . But now we may apply Theorem 1.5 with the measure μ_j . Therefore μ , as a countable union of rectifiable measures, is rectifiable. \square

7. CONSTRUCTION OF THE LIPSCHITZ GRAPH FOR THE PROOF OF THE MAIN LEMMA

Fix positive quantities $\delta, \varepsilon, \theta$ and α that will be determined later, satisfying $\log \varepsilon \ll \log \theta \ll \log \alpha \ll \log \delta \ll -1$.

Throughout this section we will assume that μ satisfies assumptions (a), (b) and (c) of Main Lemma 6.1 with these choices of ε and θ . The roles of δ and α will be introduced momentarily.

We will adapt a version of the construction developed by Léger in [L] (adapting work by David-Semmes [DS] to the non-homogeneous setting) involving a stopping time construction. The most significant distinction between the assumptions we have made in Main Lemma 6.1 and those in [L] is that we do not know that the measure μ is flat (meaning that, say, $\alpha_\mu(B(x, r))$ is small at every $x \in F$ and $r < r_0$), but rather we only know that the measure μ is spike-flat ($\alpha_\mu^{(k)}(B(x, r))$ is small if $x \in F$ and $r < r_0$). Our main observation is that, due to the initial flatness assumption on B_0 (assumption (a) of Lemma 6.1) *within the stopping time region* the measure must not only be spike-flat but truly flat (this is the content of Lemma 7.7), and so one can build an approximate Lipschitz graph (Proposition 7.17) as in the David-Semmes-Léger scheme.

Without loss of generality, we put $x_0 = 0$, $r_0 = 1$.

Lemma 7.1. *For every $x \in F$ and $r \in (0, 30)$,*

$$\delta_\mu(B(x, r)) \lesssim 1.$$

Proof. The statement is clear if $\delta_\mu(B(x, r)) \leq 1$, so we may assume otherwise. By assumption (c), $\alpha_\mu^{(k)}(B(x, r)) \leq \varepsilon^2 \leq \varepsilon^2 \delta_\mu(B(x, r))$, and the result follows from Lemma 5.1 due to assumption (b). \square

7.1. The stopping time region. We set $B_0 = B(0, 1)$ and D_0 to be a line such that

$$\alpha_{\mu, \mathcal{H}^1_{|D_0}}(30B_0) \leq 2\varepsilon.$$

Without loss of generality, we may (and will) assume that $D_0 = \mathbb{R} \times \{0\}$.

Remark 7.2. An application of Lemma 4.2 tells us that since $\delta_\mu(B_0) = 1$, we have that

$$\delta_\mu(30B_0) \approx 1.$$

Definition 7.3. We define the region S_{total} as the collection of pairs $(x, t) \in F \cap \overline{B_0} \times (0, 20)$ satisfying the following two properties

- (1) $\delta_\mu(B(x, t)) \geq \delta$ and
- (2) there exists $D \in \mathcal{G}_x$ with $\alpha_{\mu, D}(B(x, t)) \leq \varepsilon$ and $\angle(D, D_0) \leq \alpha$.

Lemma 7.4. *There is a constant $C > 0$ such that*

$$(F \cap \overline{B_0}) \times [C\sqrt{\varepsilon}/\alpha, 12] \subset S_{\text{total}}.$$

Proof. Fix $z \in F \cap \overline{B_0}$. From assumption (c), $\alpha_\mu^{(k)}(B(z, 20)) < \varepsilon^2$, while trivially, $\delta_\mu(B(z, 20)) \gtrsim \delta_\mu(B_0) \gtrsim 1$. Consequently, part (2) of Lemma 4.2 yields that there is a constant $C > 0$ such that $\delta_\mu(B(z, s)) \gtrsim 1$ whenever $s \in [C\sqrt{\varepsilon}, 12]$.

Now further assume that $s \in (q\frac{\sqrt{\varepsilon}}{\alpha}, 12]$ for some $q > 1$ to be determined momentarily. Since $\alpha_\mu^{(k)}(B(z, 4s)) \lesssim \varepsilon^2 \delta_\mu(B(z, s))$ and $\alpha_{\mu, D_0}(30B_0) \lesssim \varepsilon \delta_\mu(30B_0)$, Lemma 4.5⁹ yields that for some $D' \in \mathcal{G}_x$

$$\alpha_{\mu, D'}(B(z, s)) \lesssim \varepsilon^2 \delta_\mu(B(z, s)) < \varepsilon \delta_\mu(B(z, s))$$

where $\angle(D_0, D') \lesssim \sqrt{\varepsilon} \frac{1}{s} \lesssim \alpha/q < \alpha$, provided that q is chosen appropriately. \square

Definition 7.5. For $x \in F \cap \overline{B_0}$, we set

$$h(x) = \sup\{t \in (0, 12] : (x, t) \notin S_{\text{total}}\};$$

and

$$S = \{(x, t) \in S_{\text{total}} : t \geq h(x)\}.$$

Notice that if $(x, t) \in S$, then $(x, t') \in S$ for $t' > t$, making S a stopping time region.

On occasion we will abuse notation and write, for a ball B , $B \in S$ (respectively $B \in S_{\text{total}}$) instead of $(c(B), r(B)) \in S$ (respectively $(c(B), r(B)) \in S_{\text{total}}$).

We record a restatement of Lemma 7.4 that will be used later on.

Remark 7.6. For $x \in F \cap \overline{B_0}$, $h(x) \lesssim \sqrt{\varepsilon}/\alpha$.

7.2. Properties of the Stopping Time Region. It will be convenient to set

$$\lambda = \frac{\sqrt{\varepsilon}}{\delta}.$$

Lemma 7.7. *Let $(x, r) \in S$ and $p \in \pi(B(x, r))$. Let $D \in \mathcal{G}_x$ satisfy that $\angle(D, D_0) \leq \alpha$ and $\alpha_{\mu, \mathcal{H}_D^1}(B(x, r)) \leq \varepsilon$. Then we have that*

$$F \cap \pi^{-1}(B(p, r)) \subset B(x, 3r) \cap \left\{ y \in \mathbb{C} : d(y, D) \lesssim \lambda \cdot r \right\}.$$

Proof. Fix $z \in \pi^{-1}(B(p, r)) \cap F$ and set $\tilde{r} = \max(r, |x - z|)$. Since $(x, \tilde{r}) \in S$, we have that $\delta_\mu(B(x, \tilde{r})) \geq \delta$ and there exists $D' \in \mathcal{G}_x$ such that

$$\alpha_{\mu, D'}(B(x, \tilde{r})) \leq \varepsilon \lesssim \frac{\varepsilon}{\delta} \delta_\mu(B(x, \tilde{r})) \text{ and } \angle(D', D_0) \leq \alpha.$$

But then $\delta_\mu(B(z, 2\tilde{r})) \gtrsim \delta$ from which part 2 of Lemma 4.2 ensures that $\delta_\mu(B(z, \tilde{r})) \gtrsim \delta$ (note here that, as $z \in F$, $\alpha_\mu^{(k)}(B(z, 2\tilde{r})) \lesssim \frac{\varepsilon^2}{\delta} \delta_\mu(B(z, 2\tilde{r}))$). From here, Lemma 7.1 ensures that $\delta_\mu(B(z, \tilde{r})) \gtrsim$

⁹Applied with the role of δ played by a constant $\gtrsim 1$, and $B(x, r) = 30B_0$ so that $B(z, 4s) \subset 2B(x, r)$.

$\delta \cdot \delta_\mu(B(x, \tilde{r}))$, and, since $B(z, \tilde{r}) \subset B(x, 2\tilde{r})$ we may apply Lemma 4.3¹⁰ to conclude that

$$(7.1) \quad \text{dist}(z, D') \lesssim \frac{\sqrt{\varepsilon} \tilde{r}}{\delta}.$$

We next claim that $\tilde{r} \leq 3r$. If $|x - z| > 3r$, then since the line $D' \in \mathcal{G}_x$ satisfies $\angle(D', D_0) \leq \alpha$, and $\text{dist}(\pi(x), \pi(z)) < 2r$, it follows that

$$\tilde{r} = |x - z| \lesssim \text{dist}(z, D'),$$

but given (7.1) this is absurd, and so $\tilde{r} \in [r, 3r]$. In particular, we have proved that $\pi^{-1}(B(p, r)) \subset B(x, 3r)$. Finally, Corollary 4.4 ensures that if we consider instead of D' the line D (which satisfies $\alpha_{\mu, D}(B(x, r)) \leq \varepsilon \lesssim \frac{\varepsilon}{\delta} \delta_\mu(B(x, r))$), then $\angle(D, D') \lesssim \frac{\sqrt{\varepsilon}}{\delta}$, and the result follows. \square

Lemma 7.8. *Suppose $B, B' \in S$, $L > 1$, $LB \cap LB' \neq \emptyset$, and $r(B') \leq r(B)$. Let D_B and $D_{B'}$ be lines in $\mathcal{G}_{c(B)}$ and $\mathcal{G}_{c(B')}$ respectively satisfying that $\alpha_{\mu, D_B}(B) \leq \varepsilon$ and $\alpha_{\mu, D_{B'}}(B') \leq \varepsilon$. Then for all $y \in LB' \cap D_{B'}$,*

$$\text{dist}(y, D_B) \lesssim L^2 \lambda \cdot r(B).$$

We will require the following simple result.

Lemma 7.9. *Fix $\Lambda > 1$. Suppose that $B, \Lambda B \in S$. Let D_B and $D_{\Lambda B}$ be lines in $\mathcal{G}_{c(B)}$ satisfying that $\alpha_{\mu, D}(B) \leq \varepsilon$ and $\alpha_{\mu, \Lambda D}(\Lambda B) \leq \varepsilon$, respectively. Then $\text{dist}(y, D_{\Lambda B}) \lesssim \lambda \Lambda r(B)$ for every $y \in B \cap D_B$.*

Proof. Due to Lemma 7.1, $\delta_\mu(B) \gtrsim \delta \cdot \delta_\mu(\Lambda B)$, so application of Corollary 4.4 (with B playing the role of $B(z, s)$ and ΛB playing the role of $B(x, r)$) readily yields that

$$\min\{r(B), \text{dist}(y, D_{\Lambda B})\} \lesssim \lambda \cdot \Lambda r(B) \text{ for every } y \in D_B \cap B.$$

But since $c(B)$ lies on $D_{\Lambda B}$, we obtain $\text{dist}(y, D_{\Lambda B}) \lesssim r(B)$ for $y \in B$, and the lemma is proved. \square

Proof of Lemma 7.8. If $3LB \notin S$ then $Lr(B) \geq 3$ and we can replace L by $L' \leq L$ where $3L'B \in S$ and $L'B \cap L'B' \neq \emptyset$. (Recall that B, B' have their centres on B_0 .) We therefore assume that $3LB \in S$.

Now, fix $\Lambda \approx L \frac{r(B)}{r(B')}$ such that both $3LB \supset \Lambda B'$ and $\Lambda B'$ belongs to S (observe here that $r(3LB) \approx r(\Lambda B')$). We first apply Lemma 7.9 twice to conclude that

$$(7.2) \quad \text{dist}(y, D_{3LB}) \lesssim L \lambda r(B) \text{ for all } y \in D_B \cap B$$

¹⁰with γ replaced by $C\varepsilon/\delta$, $\sigma = \mathcal{H}_{D'}^1$, and ν a spike measure such that $\alpha_{\mu, \nu}(B(z, \tilde{r})) < \varepsilon^2 \lesssim \frac{\varepsilon}{\delta} \delta_\mu(B(z, \tilde{r}))$

and

$$(7.3) \quad \text{dist}(y, D_{\Lambda B'}) \lesssim L\lambda r(B) \text{ for all } y \in D_{B'} \cap B'.$$

But now, since both $3LB$ and $\Lambda B'$ belong to S , have comparable radii, and $3LB \supset \Lambda B'$, we may use Corollary 4.4¹¹, from where

$$\text{dist}(y, D_{3LB}) \lesssim L\lambda r(B) \text{ for all } y \in D_{\Lambda B'} \cap \Lambda B'.$$

In combination with (7.3), the previous inequality ensures that for every $y \in D_{B'} \cap B'$, there exists $z \in D_{3LB} \cap 3LB$ such that $d(y, z) \lesssim L\lambda r(B)$. Recalling that $D_{B'}$, $D_{\Lambda B'}$ and D_{3LB} are lines, it follows that for every $y \in D_{B'} \cap LB'$, there exists $z \in D_{3LB} \cap 4LB$ such that $d(y, z) \lesssim L^2\lambda r(B)$. Now we infer from (7.2) that there exists $w \in D_B$ with $d(z, w) \lesssim L^2\lambda r(B)$, and the result follows. \square

Although B_0 is not necessarily in S (0 may not be in F), we still have the following results

Corollary 7.10. *Suppose that $L > 1$ and $B \in S$, and let $D_B \in \mathcal{G}_{c(B)}$ satisfying $\alpha_{\mu, D_B}(B) \leq \varepsilon$. Then*

$$\text{dist}(y, D_0) \lesssim L^2\lambda \text{ for every } y \in LB \cap D_B$$

and therefore

$$\angle(D_B, D_0) \lesssim \frac{L^2}{r(B)}\lambda.$$

Proof. By part (2) Lemma 4.2, $\mu(B(0, C\sqrt{\varepsilon})) \gtrsim \sqrt{\varepsilon}$ so $F \cap B(0, C\sqrt{\varepsilon}) \neq \emptyset$ (see assumption (a) of Main Lemma 6.1). Pick $D_{B_1} \in \mathcal{G}_x$ satisfying $\alpha_{\mu, D_{B_1}}(B_1) \leq \varepsilon$. Therefore we can choose a ball $B_1 = B(x, 10) \in S$ with $x \in F$ and $|x| \lesssim \sqrt{\varepsilon}$. We infer from Lemma 7.8 that

$$\text{dist}(y, D_{B_1}) \lesssim L^2\lambda \text{ for all } y \in LB \cap D_B.$$

But then it follows from Corollary 4.4 that $\text{dist}(y, D_{B_1}) \lesssim \sqrt{\varepsilon}$ for all $y \in B_0 \cap D_0$, and the Corollary follows. \square

The following Corollary follows from Lemma 7.7 in an analogous manner to how the previous result follows from Lemma 7.8 (i.e. by finding a point $x \in F$ within a distance $\lesssim \sqrt{\varepsilon}$ from 0). Moreover let us recall that $I_0 = (-1, 1)$.

Corollary 7.11. *One has*

$$F \subset \left\{ \text{dist}(\cdot, D_0) \lesssim \lambda \right\}.$$

¹¹Here we appeal to Lemma 7.1, which ensures that $\delta_\mu(\Lambda B') \gtrsim \delta_\mu(3LB)$

7.3. Partition of the stopping scales. We define the following three disjoint subsets of $F \cap \overline{B_0}$:

$$\begin{aligned} \mathcal{Z} &= \{x \in F \cap \overline{B_0} : h(x) = 0\}, \\ F_1 &= \{x \in F \cap \overline{B_0} \setminus \mathcal{Z} : \delta_\mu(B(x, h(x))) \leq \delta\}, \text{ and} \\ F_2 &= \left\{x \in F \cap \overline{B_0} \setminus (\mathcal{Z} \cup F_1) : \begin{array}{l} \text{there is } D \in \mathcal{G}_x \text{ with } \angle(D, D_0) \geq \alpha \\ \text{and } \alpha_{\mu, D}(B(x, h(x))) \leq \varepsilon \end{array} \right\}. \end{aligned}$$

Lemma 7.12. *One has*

$$F = \mathcal{Z} \cup F_1 \cup F_2.$$

Proof. Fix $x \in F \setminus (\mathcal{Z} \cup F_1)$. Therefore $h(x) > 0$ and $\delta_\mu(B(x, h(x))) > \delta$. Moreover, $(x, 4h(x)) \in S_{\text{total}}$ so there exists $D \in \mathcal{G}_x$ with

$$\alpha_{\mu, D}(B(x, 4h(x))) \leq \varepsilon \lesssim \frac{\varepsilon}{\delta} \delta_\mu(B(x, 4h(x))).$$

Since $\alpha_\mu^{(k)}(B(x, 4h(x))) \lesssim \frac{\varepsilon^2}{\delta} \delta_\mu(B(x, 4h(x)))$ and $\delta_\mu(B(x, h(x))) \gtrsim \delta_\mu(B(x, 4h(x)))$ (the latter inequality holding, for instance, by part (1) of Lemma 4.2), we have from Lemma 4.5 and Lemma 7.1 that there exists $D' \in \mathcal{G}_x$ such that

$$(7.4) \quad \alpha_{\mu, D'}(B(x, h(x))) \lesssim \frac{\varepsilon^2}{\delta^2} \delta_\mu(B(x, h(x))) \lesssim \frac{\varepsilon^2}{\delta^2}.$$

Notice that if $(x, h(x)) \notin S_{\text{total}}$, then by the definition of S_{total} (Definition 7.3) we have that $\angle(D', D_0) > \alpha$ and therefore $x \in F_2$. Consequently, we may assume that $(x, h(x)) \in S_{\text{total}}$. By the definition of $h(x)$ there exists $r_j \rightarrow h(x)$ with $r_j < h(x)$ such that the balls $B(x, r_j)$ fail to satisfy one of the properties (1) or (2) in the definition of S_{total} .

But if a countable number of the balls $B(x, r_j)$ were to satisfy that $\delta_\mu(B(x, r_j)) < \delta$ then $\delta_\mu(B(x, h(x))) \leq \delta$, which is not the case. Similarly, if $\alpha_\mu(B(x, r_j)) \geq \varepsilon$ for infinitely many j then by continuity of the alpha numbers, see Lemma 3.3, we have $\alpha_\mu(B(x, h(x))) \geq \varepsilon$, contradicting (7.4). Therefore there exist lines D_j through x and radii $r_j \rightarrow h(x)$ with $r_j < h(x)$, $\angle(D_j, D_0) > \alpha$, and $\alpha_{\mu, D_j}(B(x, r_j)) \leq \varepsilon$. We may pass to a subsequence if necessary to obtain that D_j converge (locally) to a line \tilde{D} with $\angle(\tilde{D}, D_0) \geq \alpha$. But then the continuity of the transportation coefficients (Lemma 3.3) ensures that $\alpha_{\mu, \tilde{D}}(B(x, h(x))) \leq \varepsilon$, and hence $x \in F_2$. \square

Remark 7.13. An application of Corollary 4.4 ensures that if $x \in F_2$ and D' is any line in \mathcal{G}_x for which $\alpha_{\mu, D'}(B(x, h(x))) \leq \varepsilon$, then $\angle(D', D_0) \geq \alpha - C\tau \geq \frac{\alpha}{2}$.

We shall show momentarily that \mathcal{Z} lies in the zero set of a Lipschitz continuous function. We will therefore want to show that the measure of the sets F_1 and F_2 is small.

7.4. Regularization of h . The function h itself can be quite irregular, so, as is standard, we proceed to introduce the functions d and D .

Definition 7.14. For $x \in \mathbb{C}$, we set

$$d(x) = \inf_{(X,t) \in S} (|X - x| + t),$$

and for $p \in D_0$,

$$D(p) = \inf_{x \in \pi^{-1}(p)} d(x) = \inf_{(X,t) \in S} (d(\pi(X), p) + t).$$

Remark 7.15. Observe that

- (1) the functions d and D are 1-Lipschitz functions and
- (2) $h(x) \geq d(x)$ for every $x \in F \cap \overline{B_0}$.

Lemma 7.16. *We have that*

$$\mathcal{Z} = \{x \in \mathbb{C} : d(x) = 0\} = \{x \in F \cap B_0 : d(x) = 0\}.$$

Proof. If $x \notin \overline{B_0} \cap F$ then $d(x) > 0$, so since $d \leq h$ on the closed set $F \cap \overline{B_0}$, we have

$$\mathcal{Z} \subset \{x \in \mathbb{C} : d(x) = 0\} = \{x \in F \cap B_0 : d(x) = 0\}.$$

Next, we prove that if $x \in \mathbb{C}$ satisfies $d(x) = 0$ then $h(x) = 0$. If $d(x) = 0$, then certainly $x \in F \cap \overline{B_0}$. Fix $\tau > 0$. We can find a sequence of pairs $(x_j, \tau_j) \in S$ with $x_j \in F$, $x_j \rightarrow x$, and $\tau_j \rightarrow 0$ with $\tau_j < \tau$ for every j . In particular, $(x_j, \tau) \in S$ for every j . Since for any $\tau' \in (0, \tau)$, $\delta_\mu(B(x_j, \tau')) \geq \delta$ for sufficiently large j , it follows that $\delta_\mu(B(x, \tau)) \geq \delta$.

Let $D_j \in \mathcal{G}_{x_j}$ be lines with $\alpha_{\mu, D_j}(B(x_j, \tau)) \leq \varepsilon$ and $\angle(D_j, D_0) \leq \alpha$. Appealing to Lemma 3.3, we obtain that (after passing to a subsequence if necessary) there exists $D \in \mathcal{G}_x$ with $\angle(D, D_0) \leq \alpha$ such that $\alpha_{\mu, D}(B(x, \tau)) \leq \varepsilon$. Since $\tau > 0$ is arbitrary, the statement follows. \square

7.5. The Lipschitz Mapping. The next step is to construct a Lipschitz mapping with Lipschitz constant $\lesssim \alpha$ whose graph is close to points in F . Recall that $I_0 = (-1, 1)$.

Proposition 7.17. *There exists a Lipschitz continuous function $\mathcal{A} : \mathbb{R} \rightarrow \mathbb{R}$ satisfying $\text{supp}(\mathcal{A}) \subset 3I_0$, $\|\mathcal{A}\|_{\text{Lip}} \lesssim \alpha$, such that, with $\tilde{\mathcal{A}}(p) = (p, \mathcal{A}(p))$ and $\Gamma = \{\mathcal{A}(p) : p \in \mathbb{R}\}$, the following properties hold:*

- (1) $|\mathcal{A}''(p)| \lesssim \frac{\lambda}{D(p)}$ for any $p \in \mathbb{R}$,

- (2) $\Gamma \subset \left\{ \text{dist}(\cdot, D_0) \lesssim \lambda \right\}$,
 (3) If $x \in F$, then

$$|\tilde{\mathcal{A}}(\pi(x)) - x| \lesssim \lambda \cdot D(\pi(x)).$$

(In particular, $\mathcal{Z} \subset \Gamma$.)

- (4) If $B(x, r) \in S$ and $D \in \mathcal{G}_x$ satisfies $\alpha_{\mu, D}(B(x, r)) \leq \varepsilon$, then for every $p \in \pi(B(x, r))$,

$$\text{dist}(\tilde{\mathcal{A}}(p), D) \lesssim \lambda \cdot r.$$

Given the strong flatness property proved in Lemma 7.7 (along with Lemma 7.8, which informally states that good approximating lines for balls $B \in S$ do not change much locally), the reader familiar with the Léger scheme will likely find few obstacles in providing the proof of Proposition 7.17 for themselves by modifying either [L] or Chapter 7 of [To5]. However, since there are some minor changes required, we provide a relatively detailed treatment in Appendix B.

7.6. Density of μ under the projection to D_0 . Our next lemma concerns the density of the projection of $\mu|_F$ to D_0 . This is a key property required to run the scheme of Tolsa which will show that the set F_2 has small measure. Set σ to be the Borel measure on \mathbb{R} given by

$$\sigma = \pi_{\#}(\mu|_F), \text{ so } \sigma(E) = \mu(F \cap \pi^{-1}(E)) \text{ for a Borel set } E \subset \mathbb{R}.$$

Lemma 7.18. *One has*

$$(7.5) \quad \sigma(B(p, r)) \leq (1 + C\alpha^2)2r, \text{ for } p \in \mathbb{R} \text{ and } r \in (\varepsilon^{1/4}D(p), 1).$$

Proof. Without loss of generality we may assume that $p \in 10I_0$ (recall that $F \subset 10B_0$).

Case 1: $r < \frac{4\sqrt{\varepsilon}}{100}$.

Fix $t = r/\sqrt[4]{\varepsilon}$, so $t > D(p)$ and there is $x \in \pi^{-1}(p)$ with $d(x) < t$. Therefore we can find $(X, s) \in S$ with $|x - X| + s < t$, and so $B(X, 3t) \in S$. Notice that $\pi(B(X, 3t)) \supset B(p, t)$, and so appealing to Lemma 7.7,

$$F \cap \pi^{-1}(B(p, t)) \subset B(X, 6t) \cap \left\{ y \in \mathbb{C} : \text{dist}(y, D) \lesssim \lambda t \right\}$$

for a line D through X with $\angle(D, D_0) \leq \alpha$.

Consequently, since $r = \varepsilon^{1/4}t$, then $F \cap \pi^{-1}(B(p, r))$ is contained in a strip of width $C\frac{\lambda}{\varepsilon^{1/4}}r \ll \sqrt{\lambda}r$ around a line D with $\angle(D, D_0) \leq \alpha$. Therefore, if $z = \pi^{-1}(p) \cap D$, then $F \cap \pi^{-1}(B(p, r)) \subset B(z, R)$ where

$$r \leq R \leq (1 + \alpha^2 + C\sqrt{\lambda})r \leq (1 + C\alpha^2)r.$$

Since $X \in F$, assumption (b) in the Main Lemma ensures that $\tilde{\delta}_\mu(B(X, t)) \leq 1 + \theta$, and since $(X, t) \in S$, with $t < 1/50$, we have that $\alpha_\mu(B(X, 30t)) \leq \varepsilon$. Since $B(z, R) \subset B(X, 30t)$, Lemma 5.2 is applicable with x replaced by X , r replaced by t , and $B' = B(z, R)$. From the conclusion of this lemma it follows (recall that $\theta \ll \alpha^2$) that

$$\delta_\mu(B(z, R)) \leq 1 + \theta + C\varepsilon^{1/8},$$

so $\mu(B(z, R)) \leq (1 + C\alpha^2)2r$, and the required statement follows.

Case 2: $r \geq \frac{\sqrt[4]{\varepsilon}}{100}$. In this case we apply the argument above with the role of the ball $B(x, t)$ replaced by $B(0, 1)$. We have from Corollary 7.11 that $F \subset 10B_0 \cap \{\text{dist}(\cdot, D_0) \lesssim \sqrt{\lambda}D(p)\}$. On the other hand, $\alpha_\mu(30B_0) \leq \varepsilon$, and, although 0 need not belong to F , the fact that $\delta_\mu(B_0) = 1$ implies $\tilde{\delta}_\mu(B_0) \leq 1$, which suffices to apply Lemma 5.2. (One can actually get a bound that only depends on λ (and not α) in this case, but we will not need this improvement.) \square

8. SIZE OF F_1

The proof of the following result can be found as Proposition 3.19 in [L] or Lemma 7.33 in [To5].

Proposition 8.1. *One has*

$$\mu(F_1) \lesssim \delta \ll 1.$$

Every point $x \in F_1$ is the centre of a ball $B(x, h(x))$ which is of low density ($\leq \delta$), but x is also lies very close to the Lipschitz graph Γ (in the sense that $\text{dist}(x, \Gamma) \lesssim \lambda d(x) \lesssim \lambda h(x) \ll h(x)$ for every $x \in F_1$). From these observations the Besicovitch covering lemma readily allows us to establish Proposition 8.1.

9. THE SIZE OF F_2

Given Proposition 8.1, our goal is now to show that $\mu(F_2)$ is also small.

Our goal will be to verify the following proposition.

Proposition 9.1. *Provided $\alpha \ll 1$ and $\log \varepsilon \ll \log \alpha$,*

$$\mu(F_2) \leq \sqrt{\alpha}.$$

We start by recording the following estimate that can be found as Lemma 10.1 in [To3] or Lemma 7.34 of [To5]. See also Section 5 of [L]. We give a self-contained proof.

Set $\|f\|_{L^2(\mathbb{R})}^2 = \int_{\mathbb{R}} |f|^2 dm_1$, where m_1 is the Lebesgue measure on \mathbb{R} .

Lemma 9.2. *We have*

$$\mu(F_2) \lesssim \alpha^{-2} \|\mathcal{A}'\|_{L^2(\mathbb{R})}^2.$$

Proof. Suppose $x \in F_2$, so $\delta_\mu(B(x, h(x))) \geq \delta$. Recall from Remark 7.13 we have that any $D \in \mathcal{G}_x$ for which

$$\alpha_{\mu, D}(B(x, h(x))) \leq \varepsilon \text{ satisfies } \angle(D, D_0) \geq \alpha/2.$$

Take a sequence of radii $r_n \rightarrow h(x)$, $r_n > h(x)$ such that the associated lines $D_n \in \mathcal{G}_x$ satisfying $\alpha_{\mu, D_n}(B(x, r_n)) \leq \varepsilon$ converge to a line D such that $\alpha_{\mu, D}(B(x, h(x))) \leq \varepsilon$ holds (and so $\angle(D, D_0) \geq \alpha/2$).

Pick $p \in \pi(B(x, h(x)))$. We claim that

$$(9.1) \quad \text{dist}(\tilde{\mathcal{A}}(p), D) \lesssim \lambda h(x) \ll \alpha \cdot h(x).$$

To see this, note that $B(x, r_n) \in S$. Then by property (4) of Proposition 7.17,

$$\text{dist}(\tilde{\mathcal{A}}(p), D_n) \lesssim \lambda r_n,$$

letting $n \rightarrow \infty$ we obtain the claimed inequality.

Choose $p, q \in \pi(B(x, h(x)))$, with $|p - q| \gtrsim h(x)$. Then since $\angle(D, D_0) \gtrsim \alpha$,

$$\alpha \cdot h(x) \stackrel{(9.1)}{\lesssim} |\mathcal{A}(p) - \mathcal{A}(q)| \lesssim \int_{I(\pi(x), h(x))} |\mathcal{A}'| dm_1,$$

where the second inequality is a straightforward consequence of the fundamental theorem of calculus. Using the Cauchy-Schwarz inequality and Lemma 7.1, we therefore obtain that

$$(9.2) \quad \alpha^2 \cdot \mu(B(x, 30h(x))) \lesssim \alpha^2 h(x) \lesssim \int_{I(\pi(x), h(x))} |\mathcal{A}'|^2 dm_1.$$

On the other hand, since $(x, 2h(x)) \in S$, it is immediate from Lemma 7.7 that if $y \in F$ and $B(x, 6h(x)) \cap B(y, 6h(y)) = \emptyset$, then

$$I(\pi(x), 2h(x)) \cap I(\pi(y), 2h(y)) = \emptyset.$$

From the Vitali covering lemma, we choose a subcollection of the balls $B(x, 6h(x))$, say $B(x_j, 6h(x_j))$, that are pairwise disjoint, and satisfy $\bigcup_j B(x_j, 30h(x_j)) \supset F_2$. But then the intervals $I(\pi(x_j), h(x_j))$ are pairwise disjoint, so by summing (9.2) we obtain

$$\alpha^2 \mu(F) \lesssim \int_{3I_0} |\mathcal{A}'|^2 dm_1.$$

The result is proved. \square

10. CALDERÓN-ZYGMUND OPERATORS ON LIPSCHITZ GRAPHS WITH SMALL CONSTANT

Like in Tolsa's work [To4], the behavior of Calderón-Zygmund operators on Lipschitz graphs with small Lipschitz constant plays an important role in our work. Here we carry out a suitable adaptation to the Huovinen kernels. The main point is that, on a Lipschitz graph with small constant, the normal component of the Huovinen kernel behaves like a small perturbation of the normal component of the Cauchy kernel.

Recall that

$$K_k^\perp(z) = \frac{\Im(z^k)}{|z|^{k+1}} \text{ for } z \in \mathbb{C}.$$

Throughout this section, we will denote by $\mathcal{A} : \mathbb{R} \rightarrow \mathbb{R}$ a compactly supported Lipschitz continuous function with $\|\mathcal{A}'\|_\infty \leq 1$. We set $\tilde{\mathcal{A}}(t) = (t, \mathcal{A}(t)) (= t + i\mathcal{A}(t) \in \mathbb{C})$, and $\Gamma = \{\tilde{\mathcal{A}}(t) : t \in \mathbb{R}\}$.

The goal of the section is to derive the following result:

Theorem 10.1. *There exists constants $C, c > 0$ and $\alpha_0 > 0$ depending on k such that if $\|\mathcal{A}'\|_\infty \leq \alpha_0$, and $\text{diam}(\text{supp}(\mathcal{A})) \lesssim 1$, then*

- (1) *for every $p \in (1, \infty)$, the principal value operator associated K_k^\perp has operator norm at most $C_p \|\mathcal{A}'\|_\infty$, and*
- (2) *we have the lower bound*

$$(10.1) \quad \int_\Gamma \left| P.V. \int_\Gamma K_k^\perp(z - \omega) d\mathcal{H}^1(\omega) \right|^2 d\mathcal{H}^1(z) \geq c \|\mathcal{A}'\|_{L^2(\mathbb{R})}^2 - C \|\mathcal{A}'\|_\infty^4.$$

For $t \in \mathbb{R}$, we shall set

$$J(\tilde{\mathcal{A}})(t) = \sqrt{1 + \mathcal{A}'(t)^2},$$

so that for any $f \in L^1(\Gamma)$,

$$(10.2) \quad \int_{\mathbb{C}} f(\omega) d\mathcal{H}_\Gamma^1(\omega) = \int_{\mathbb{R}} f(\tilde{\mathcal{A}}(t)) J(\tilde{\mathcal{A}})(t) dm_1(t),$$

Using (10.2), we shall prove bounds of the the operator norm in $L^2(\Gamma)$ of the Calderón-Zygmund operator

$$T^\perp(f\mathcal{H}_\Gamma^1)(z) = P.V. \int_{\mathbb{C}} K_k^\perp(z - \omega) f(\omega) d\mathcal{H}_\Gamma^1(\omega)$$

by first considering the principal value operator norm in $L^2(\mathbb{R})$ of the operator

$$T_A(g)(t) = P.V. \int_{\mathbb{R}} K_k^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)) g(s) dm_1(s), \quad t \in \mathbb{R}.$$

The following theorem is a well known result regarding Calderón commutators, see [Dav2, Chapter 2] for an exposition including several approaches to how it can be proved.

Theorem 10.2 (Boundedness of Calderón commutators). *There exists $C_1 > 0$ such that for every $p \in (1, \infty)$ and $\ell \in \mathbb{N}$, the CZO acting on $L^p(\mathbb{R})$ with kernel*

$$K(t, s) = \frac{1}{t-s} \left(\frac{\mathcal{A}(t) - \mathcal{A}(s)}{t-s} \right)^\ell$$

is a bounded principal value operator in $L^p(\mathbb{R})$ with norm $\lesssim_p C_1^\ell \|\mathcal{A}'\|^\ell$.

We next recall an important tool in our argument, which is a special case of [To4, Theorem 1.3], relying ultimately on a Fourier analytic argument.

Theorem 10.3. *There exists $\alpha_0 > 0$ such that if $\|A'\|_\infty \leq \alpha_0$, then*

$$\int_{\mathbb{R}} \left| P.V. \int_{\mathbb{R}} \frac{\mathcal{A}(t) - \mathcal{A}(s)}{(t-s)^2} dm_1(s) \right|^2 dm_1(t) \gtrsim \|\mathcal{A}'\|_{L^2(\mathbb{R})}^2.$$

We now examine the difference between normal components of the Huovinen and Cauchy transforms. For $|s| < |t|$, we may expand the kernel

$$(10.3) \quad K_k^\perp(t+is) = \frac{\Im[(t+is)^k]}{(t^2+s^2)^{(k+1)/2}} = \sum_{\ell \in \mathbb{N}, \ell \text{ odd}} c_{k,\ell} \frac{s^\ell}{t^{\ell+1}},$$

where $c_{k,\ell} \in \mathbb{R}$ satisfy

$$(10.4) \quad c_{k,1} = k \text{ and } \sum_{\ell} |c_{k,\ell}| \left(\frac{1}{2}\right)^\ell \lesssim_k 1.$$

Consequently, we see that

$$(10.5) \quad K_k^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)) = k \frac{\mathcal{A}(t) - \mathcal{A}(s)}{(t-s)^2} + \sum_{\ell \geq 3, \ell \text{ odd}} c_{k,\ell} \frac{(\mathcal{A}(t) - \mathcal{A}(s))^\ell}{(t-s)^{\ell+1}}.$$

Now, if $\|\mathcal{A}'\|_\infty \leq \alpha_0$ for a small enough α_0 , the kernel

$$K_{\text{tail}}(t, s) = \sum_{\ell \geq 3, \ell \text{ odd}} c_{k,\ell} \frac{(\mathcal{A}(t) - \mathcal{A}(s))^\ell}{(t-s)^{\ell+1}}$$

is a Calderón-Zygmund kernel, and Theorem 10.2 ensures that, for any $p \in (1, \infty)$, the associated principal value operator is bounded in $L^p(\mathbb{R})$ with norm $\lesssim_{p,k} \|\mathcal{A}'\|_\infty^3$. Therefore

- (a) the principal value operator with kernel $K_k^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s))$ has $L^p(\mathbb{R})$ operator norm $\lesssim_{k,p} \|\mathcal{A}'\|_\infty$,

(b) employing a simple localization argument yields that

$$\int_{\mathbb{R}} \left| \int_{\mathbb{R}} K_{\text{tail}}(t, s) dm_1(s) \right|^2 dm_1(t) \lesssim \|\mathcal{A}'\|_{\infty}^6 \text{diam}(\text{supp}(\mathcal{A})),$$

(c) if $\|\mathcal{A}'\|_{\infty}$ is small enough and $\text{diam}(\text{supp}(\mathcal{A})) \lesssim 1$, then part (b) and Theorem 10.3 ensures that there are constants C, c depending on k such that

$$\int_{\mathbb{R}} \left| \int_{\mathbb{R}} K_k^{\perp}(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)) dm_1(s) \right|^2 dm_1(t) \geq c \|\mathcal{A}'\|_{L^2(\mathbb{R})}^2 - C \|\mathcal{A}'\|_{\infty}^6.$$

Finally, observe that $|J(\tilde{\mathcal{A}})(t) - 1| = |\sqrt{1 + |\mathcal{A}'(t)|^2} - 1| \lesssim |\mathcal{A}'(t)|^2$. Consequently, Theorem 10.1 now follows from the change of variable formula (10.2), employing the bound on the operator norm (a) to bound the errors accumulated from passing from \mathbb{R} to Γ .

11. THE MAIN COMPARISON ESTIMATES

Recall that our main goal is to prove Proposition 9.1. We therefore assume that μ satisfies the assumptions of Main Lemma 6.1, and introduce $\delta, \varepsilon, \theta$ and α satisfying $\log \varepsilon \ll \log \theta \ll \log \alpha \ll \log \delta \ll -1$, so that the construction of Section 7 is valid.

For $x \in \mathbb{C}$, set

$$\ell(x) = \frac{1}{10} D(\pi(x)).$$

We recall that we set

$$\lambda = \frac{\sqrt{\varepsilon}}{\delta},$$

so that (see (b) and (c) of Proposition 7.17)

$$(11.1) \quad \Gamma \subset \{x \in \mathbb{C} : \text{dist}(x, D_0) \lesssim \lambda\} \text{ and}$$

$$(11.2) \quad F \subset \{x \in \mathbb{C} : \text{dist}(x, \tilde{A}(\pi(x))) \lesssim \lambda \ell(x)\}.$$

Denote for any measure ν

$$T_{\ell(\cdot), 1}^{\perp} \nu(x) = \widehat{T}_{\ell(x)}^{\perp} \nu(x) - \widehat{T}_1^{\perp} \nu(x).$$

Put $I_0 = (-1, 1) \subset D_0$.

The goal of this section will be to prove the following result:

Proposition 11.1. *There is a constant $C > 0$ such that, as long as $\alpha \ll 1$, and $\log \lambda \ll \log \alpha$,*

$$\|T_{\ell(x), 1}^{\perp}(\mu)\|_{L^2(\mu|_{F \cap \pi^{-1}(4I_0)})} \gtrsim \|\mathcal{A}'\|_{L^2(\mathbb{R})} - C\alpha^2.$$

We shall set $\|f\|_{L^2(\Gamma)}^2 = \int_{\Gamma} |f|^2 d\mathcal{H}^1$.

Recall that, since $\|\mathcal{A}'\|_{\infty} \lesssim \alpha$, applying Theorem 10.1 yields

$$(11.3) \quad \|\mathcal{A}'\|_{L^2(\mathbb{R})} - C\alpha^2 \lesssim \|P.V. T^{\perp} \mathcal{H}_{\Gamma}^1\|_{L^2(\Gamma)}.$$

provided that $\alpha \ll 1$. Comparing this estimate with Proposition 11.1, our goal is to (essentially) replace $\mathcal{H}^1|_{\Gamma}$ with by $\mu|_F$ on the right hand side of (11.3).

11.1. Localization estimates.

Lemma 11.2 (Localization lemma). *For every $p \in (1, \infty)$,*

$$\left| \|T^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma)} - \|T_{\ell(\cdot), 1}^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma \cap \pi^{-1}(4I_0))} \right| \lesssim_p \alpha^2.$$

Proof. We recall that $\text{supp}(\mathcal{A}) \subset \pi(3B_0)$. Observe that

$$\left| \|T^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma)} - \|T^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma \cap \pi^{-1}(4I_0))} \right| \leq \|\chi_{\Gamma \setminus \pi^{-1}(4I_0)} T^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma)}$$

Take $x \in \Gamma \setminus \pi^{-1}(4I_0) = D_0 \setminus 4I_0$ (so $\pi^{\perp}(x) = 0$), and we set

$$\begin{aligned} |T^{\perp}(\mathcal{H}_{\Gamma}^1)(x)| &\leq \int_{y \in \Gamma} \frac{\text{dist}(y, D_0)}{|x - y|^2} d\mathcal{H}^1(y) = \int_{y \in \Gamma \cap \pi^{-1}(3I_0)} \frac{\text{dist}(y, D_0)}{|x - y|^2} d\mathcal{H}^1(y) \\ &\lesssim \frac{1}{(1 + |x|)^2} \int_{y \in \Gamma \cap \pi^{-1}(3I_0)} \text{dist}(y, D_0) d\mathcal{H}^1(y) \stackrel{(11.1)}{\lesssim} \frac{\lambda}{(1 + |x|)^2}. \end{aligned}$$

Raising this inequality to the power p and integrating on $D_0 \setminus 4I_0$, we obtain

$$\|\chi_{\Gamma \setminus \pi^{-1}(4I_0)} T^{\perp}(\mathcal{H}_{\Gamma}^1)\|_{L^p(\Gamma)} \lesssim \lambda.$$

For $x = \tilde{\mathcal{A}}(t)$ for $t \in 4I_0$, write

$$|T^{\perp}(\mathcal{H}_{\Gamma}^1)(x) - T_{\ell(x), 1}^{\perp}(\mathcal{H}_{\Gamma}^1)(x)| \leq |S(x)| + |\hat{T}_1^{\perp}(\mathcal{H}_{\Gamma}^1)(x)|,$$

with¹²

$$S(x) = \int \left(1 - \Psi \left(\frac{|\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)|}{D(t)/10} \right) \right) \frac{\Im(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s))^k}{|\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)|^{k+1}} J(\tilde{\mathcal{A}})(s) dm_1(s),$$

where $J(\tilde{\mathcal{A}}) = \sqrt{1 + |\mathcal{A}'|^2}$, $x = \tilde{\mathcal{A}}(t)$, $y \in \tilde{\mathcal{A}}(s)$, with $t, s \in \mathbb{R}$.

¹²The integral S is a principal value integral, but we shall suppress the P.V. notation in principal value integrals whenever it is clear from context (in order to save line space).

The estimate for second term is straightforward:

$$\begin{aligned}
 |\widehat{T}_1^\perp(\mathcal{H}_\Gamma^1)(x)| &\lesssim \int_{\substack{y \in \Gamma: \\ |y-x| \geq 1/2}} \frac{|\pi^\perp(x) - \pi^\perp(y)|}{|x-y|^2} d\mathcal{H}^1(y) \\
 (\text{supp}(A) \subset 3I_0) &\lesssim \int_{\substack{y \in \Gamma: \\ |y-x| \geq 1/2}} \frac{|\pi^\perp(x)|}{|x-y|^2} dm_1(y) + \int_{\substack{y \in \pi^{-1}(3I_0) \cap \Gamma \\ |x-y| > 1/2}} \frac{|\pi^\perp(y)|}{|x-y|^2} d\mathcal{H}^1(y) \\
 &\lesssim \text{dist}(x, D_0) + \int_{\Gamma \cap \pi^{-1}(3I_0)} \text{dist}(y, D_0) d\mathcal{H}^1(y) \\
 (11.1) &\lesssim \text{dist}(x, D_0) + \lambda.
 \end{aligned}$$

Therefore, using (11.1) once again

$$\|\widehat{T}_1^\perp(\mathcal{H}_\Gamma^1)\|_{L^p(\pi^{-1}(4I_0) \cap \Gamma)} \lesssim \left(\int_{\Gamma \cap 4\pi^{-1}(I_0)} \text{dist}(x, D_0)^p d\mathcal{H}^1(x) \right)^{1/p} + \lambda \lesssim \lambda.$$

The estimate of $S(x)$ will take more work. We split

$$\begin{aligned}
 S(x) &= \int \left(1 - \Psi\left(\frac{t-s}{D(t)/10}\right) \right) \frac{\Im((\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s))^k)}{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|^{k+1}} dm_1(s) \\
 &\quad + \int \left(\Psi\left(\frac{t-s}{D(t)/10}\right) - \Psi\left(\frac{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|}{D(t)/10}\right) \right) \frac{\Im((\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s))^k)}{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|^{k+1}} dm_1(s) \\
 &\quad + \int \left(1 - \Psi\left(\frac{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|}{D(t)/10}\right) \right) \frac{\Im(\{\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)\}^k)}{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|^{k+1}} (J(\widetilde{\mathcal{A}})(s) - 1) dm_1(s) \\
 &= S_1(x) + S_2(x) + S_3(x).
 \end{aligned}$$

Notice that

$$\|J(\widetilde{\mathcal{A}}) - 1\|_p \lesssim \|\mathcal{A}'\|_\infty^2.$$

Consequently, using the L^p boundedness of T^\perp on Lipschitz graphs (Theorem 10.1) we get

$$\|S_3\|_p \leq \alpha^2.$$

Now we focus on S_2 . First observe that, since $\alpha \ll 1$,

$$|t-s| \leq |\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)| \leq 2|t-s|.$$

Since $\Psi(z) = 0$ if $|z| \leq 1/2$ and $\Psi(z) = 1$ if $|z| \geq 1$, we deduce that

$$\Psi\left(\frac{t-s}{D(t)/10}\right) - \Psi\left(\frac{|\widetilde{\mathcal{A}}(t) - \widetilde{\mathcal{A}}(s)|}{D(t)/10}\right) = 0$$

if $|t - s| \leq D(t)/40$ or $|t - s| \geq D(t)/5$. Additionally, the mean value theorem ensures that

$$\left| \Psi\left(\frac{t-s}{D(t)/10}\right) - \Psi\left(\frac{|\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)|}{D(t)/10}\right) \right| \leq \frac{C\alpha|t-s|}{D(t)}.$$

Consequently,

$$|S_2(x)| \lesssim \int_{D(t)/40 \leq |t-s| \leq D(t)/5} \frac{\alpha|t-s| |\Im((\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s))^k)|}{D(t) |t-s|^{k+1}} dm_1(s) \lesssim \alpha^2,$$

and therefore

$$\|S_2\|_p \lesssim \alpha^2.$$

We focus now on $S_1(x)$. Recall from (10.3) that

$$K_k^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)) = \sum_{\ell \in \mathbb{N}, \ell \text{ odd}} c_{k,\ell} \frac{(\mathcal{A}(t) - \mathcal{A}(s))^\ell}{(t-s)^{\ell+1}}.$$

By the second order Taylor formula,

$$\mathcal{A}(t) - \mathcal{A}(s) = \mathcal{A}'(t)(t-s) + \frac{\mathcal{A}''(z)}{2}(t-s)^2 \text{ for some } z \in [t, s].$$

For $s \in B(t, D(t)/5)$, we have that $D(z) \approx D(t) \approx D(s)$, and so the second derivative estimate given in part 1 of Proposition 7.17 (and recalling the the definition of λ) yields that

$$\left| \frac{\mathcal{A}''(z)}{2}(t-s)^2 \right| \lesssim \lambda \frac{(t-s)^2}{D(t)}.$$

Now, employing the inequality $|(a+b)^\ell - a^\ell| \leq 2^\ell b \max(|a|, |b|)^{\ell-1}$ we arrive at

$$|(\mathcal{A}(t) - \mathcal{A}(s))^\ell - \mathcal{A}'(t)^\ell (t-s)^\ell| \leq C^\ell \alpha^{\ell-1} \lambda \frac{|t-s|^{\ell+1}}{D(t)},$$

where we have used that $\frac{\lambda|t-s|}{D(t)} \leq \alpha$. Next, we notice that for any $\kappa > 0$,

$$\int_{\mathbb{R} \setminus B(t, \kappa)} \left[1 - \Psi\left(\frac{t-s}{D(t)}\right) \right] \frac{\mathcal{A}'(t)^\ell}{t-s} dm_1(s) = 0,$$

while $\int_{\mathbb{R}} \left[1 - \Psi\left(\frac{t-s}{D(t)}\right) \right] dm_1(s) \lesssim D(t)$. Consequently,

$$\left| \int_{\mathbb{R} \setminus B(t, \kappa)} \left[1 - \Psi\left(\frac{t-s}{D(t)}\right) \right] \frac{(\mathcal{A}(t) - \mathcal{A}(s))^\ell}{(t-s)^{\ell+1}} dm_1(s) \right| \lesssim C^\ell \alpha^{\ell-2} \lambda.$$

Therefore, using (10.4), we have that since $\alpha \ll 1$,

$$\begin{aligned} |S_1(x)| &= \lim_{\varepsilon \rightarrow 0} \left| \int_{\mathbb{R} \setminus B(t, \kappa)} \left(1 - \Psi \left(\frac{t-s}{D(t)/10} \right) \right) K_k^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s)) dm_1(s) \right| \\ &\lesssim \sum_{\ell \in \mathbb{N}, \ell \text{ odd}} |c_{k, \ell}| C^\ell \lambda \alpha^{\ell-1} \lesssim \lambda \ll \alpha^2. \end{aligned}$$

From here, and joining the previous estimates we conclude that

$$\|S\|_{L^p(\Gamma \cap \pi^{-1}(4I_0))} \lesssim \alpha^2.$$

The lemma follows. \square

11.2. The main comparison estimates. Let $\tilde{\eta} : [0, \infty) \rightarrow \mathbb{R}$ be a smooth non-increasing function with $\|\tilde{\eta}\|_1 = 1/2$ such that $\text{supp } \tilde{\eta} \subset [0, 1]$ and $\tilde{\eta}$ equals 1 on $[0, 1/4]$. For $p > 0$, we denote

$$\eta_p(t) = \frac{1}{p} \tilde{\eta} \left(\frac{|t|}{p} \right) \text{ for } t \in \mathbb{R}.$$

Therefore $\|\eta_p\|_1 = 1$.

We wish to show that $\sigma = \pi_{\#} \mu|_F$ is close to a constant multiple of the Lebesgue measure, at least within $8I_0$. In order to accomplish this, we introduce the function $g : \mathbb{R} \rightarrow \mathbb{R}$ given by

$$g(t) = \eta_{\sqrt{\lambda}D(t)} * \sigma.$$

Observe from (7.5) that we can rudely estimate

$$(11.4) \quad \|g\|_\infty \leq 3.$$

We will aim to prove more refined L^p estimates on the function g , with (7.5) our primary tool.

We will make use of the following elementary bound which appears as [To3], Lemma 10.3 (the proof merely uses of the fact that D is a Lipschitz continuous function).

Lemma 11.3. *For all $t, s \in \mathbb{R}$,*

$$|\eta_{\sqrt{\lambda}D(t)}(t-s) - \eta_{\sqrt{\lambda}D(s)}(t-s)| \lesssim \frac{\sqrt{\lambda}}{D(s)} \chi_{B(s, C\sqrt{\lambda}D(s))}(t).$$

The next lemma is another estimate found in [To3], and is a simple consequence of (7.5). (We recall that the proof of (7.5) used properties of the transportation coefficients, and was necessarily quite different from the proof in [To3].)

Lemma 11.4. *If ε and θ have been chosen small enough with respect to α , then we have*

$$(11.5) \quad 0 \leq g(t) \leq 1 + C\alpha^2 \text{ for all } t \in \mathbb{R},$$

and

$$(11.6) \quad \|\chi_{8I_0}(g - 1)\|_2 \lesssim \alpha.$$

Proof. The lemma follows from integrating (7.5). For $t \in \mathbb{R}$, let $\psi : [0, \infty) \rightarrow \mathbb{R}$ be defined by $\psi(s) = \eta_{\sqrt{\lambda}D(t)}(s)$ and we denote $\sigma = \pi_{\#}(\mu|_F)$.

Observe that

$$g(t) = - \int_{\sqrt{\lambda}D(t)/4}^{\sqrt{\lambda}D(t)} \sigma(B(t, r))\psi'(r) dm_1(r),$$

where we have used that $\text{supp}(\psi') \subset [\sqrt{\lambda}D(t)/4, \sqrt{\lambda}D(t)]$. Consequently, since $\sqrt[4]{\varepsilon} \ll \sqrt{\lambda}$, from (7.5) (and that ψ is monotone on $[0, \infty)$), we infer that

$$|g(t)| \leq (1 + C\alpha^2) \int_{\sqrt{\lambda}D(t)/4}^{\sqrt{\lambda}D(t)} 2r|\psi'(r)| dr \leq 1 + C\alpha^2.$$

The inequality (11.5) is proved. We next will show that

$$(11.7) \quad \|\chi_{8I_0}(g - 1)\|_1 \lesssim \alpha^2.$$

To this end, we will prove

$$(11.8) \quad \int_{8I_0} g(t) dm_1(t) \geq (1 - C\sqrt{\lambda})m_1(8B_0 \cap \mathbb{R}).$$

To verify (11.8), first observe that since $D(t) \leq 9$ for all $t \in \pi(8B_0)$, we have

$$\begin{aligned} \int_{(8+9\sqrt{\lambda})I_0} g(t) dm_1(t) &= \int_{(8+9\sqrt{\lambda})I_0} \eta_{\sqrt{\lambda}D(t)} * \sigma(t) dm_1(t) \\ &\geq \int_{8I_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}D(t)}(t - s) dm_1(t) d\sigma(s). \end{aligned}$$

Using Lemma 11.3,

$$|\eta_{\sqrt{\lambda}D(t)}(t - s) - \eta_{\sqrt{\lambda}D(s)}(t - s)| \lesssim \frac{1}{D(s)} \chi_{B(s, C\sqrt{\lambda}D(s))}(t).$$

Combining these two inequalities results in

$$\begin{aligned} \int_{(8+9\sqrt{\lambda})I_0} g(t) dm_1(t) &\geq \int_{q \in 8I_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}D(s)}(t-s) dm_1(t) d\sigma(s) \\ &\quad - \int_{8I_0} \frac{m_1(B(s, C\sqrt{\lambda}D(s)))}{D(s)} d\sigma(s) \\ &\geq (1 - C\sqrt{\lambda})\sigma(8I_0) \geq (1 - C\sqrt{\lambda})m_1(8I_0). \end{aligned}$$

In the final inequality we have used that

$$\sigma(8I_0) \geq \mu(8B_0) = 16 \cdot \delta_\mu(8B_0) \geq 16(1 - C\sqrt{\varepsilon})\delta_\mu(B_0) = 16(1 - C\sqrt{\varepsilon}),$$

where part (2) of Lemma 4.2 has been used in the inequality. The inequality (11.8) now follows from the fact that $\|g\|_\infty \leq 3$ (recall (11.5)).

But now, for suitable constant $C > 0$,

$$\begin{aligned} \int_{8I_0} |1 + C\alpha^2 - g(t)| dm_1(t) &\stackrel{(11.5)}{=} \int_{8I_0} ((1 + C\alpha^2) - g(t)) dm_1(t) \\ &\leq (1 + C\alpha^2)m_1(8I_0) - \int_{8I_0} g(t) dm_1(t) \leq (C\alpha^2 + C\sqrt{\lambda})m_1(8B_0), \end{aligned}$$

and hence

$$\int_{8I_0} |1 - g(t)| dm_1(t) \leq (C\alpha^2 + C\sqrt{\lambda})m_1(8I_0),$$

achieving (11.7) as $\lambda \ll \alpha^2$. Finally, recalling (11.4),

$$\int_{8I_0} |1 - g(t)|^2 dm_1(t) \leq (1 + \|g\|_\infty) \int_{8I_0} |1 - g(t)| dm_1(t) \lesssim \alpha^2$$

proving (11.6). \square

Going forward, will be convenient to make three definitions:

Definition. (1) Denote by $P : \mathbb{C} \rightarrow \Gamma$ the mapping

$$P(x) = \tilde{\mathcal{A}}(\pi(x)) \text{ for } x \in \mathbb{C}.$$

(2) Denote by $h : \Gamma \rightarrow \mathbb{R}$ the function

$$h(x) = \frac{g(\pi(x))}{J\tilde{\mathcal{A}}(\pi(x))}, \text{ for } x \in \Gamma.$$

(3) Define the Borel measure $\tilde{\mu}$ on \mathbb{C} by

$$\tilde{\mu} = \mu|_F,$$

so that σ is the pushforward of $\tilde{\mu}$ under the projection π .

From these definitions we have that, for a Borel set $E \subset 10I_0$ and a Borel function $f : \mathbb{C} \rightarrow \mathbb{R}$,

$$\int_{\pi^{-1}(E)} f \circ P d\tilde{\mu} = \int_E f \circ \tilde{\mathcal{A}} d\sigma \text{ and } \int_E g dm_1 = \int_{\pi^{-1}(E) \cap \Gamma} h d\mathcal{H}^1.$$

We will use these identities quite often in what follows.

Lemma 11.5. *There is a constant $C > 0$ such that for any $k \in [4, 8]$, and any Borel measurable function $f : \mathbb{C} \rightarrow \mathbb{R}$,*

$$(11.9) \quad \left| \int_{\pi^{-1}(kI_0)} f d(\tilde{\mu} - h d\mathcal{H}_{|\Gamma}^1) \right| \lesssim \int_{kI_0} \{ \text{osc}_{B(\tilde{\mathcal{A}}(t), C\sqrt{\lambda}\ell(t))} f \} d\sigma(t) \\ + \int_{(k+C\sqrt{\lambda})I_0 \setminus kI_0} |f \circ \tilde{\mathcal{A}}| dm_1 \\ + \int_{kI_0} (f \circ \tilde{\mathcal{A}}) b dm_1,$$

where $b : \mathbb{R} \rightarrow \mathbb{R}$ satisfies $\text{supp}(b) \subset (k+1)I_0$ and $\|b\|_\infty \lesssim \sqrt{\lambda}$.

Proof. Write

$$\int_{\pi^{-1}(kI_0)} f [d\tilde{\mu} - h d\mathcal{H}_{|\Gamma}^1] \\ = \int_{\pi^{-1}(kI_0)} (f - f \circ P) d\tilde{\mu} + \int_{kI_0} f \circ \tilde{\mathcal{A}} (d\sigma - g \cdot dm_1).$$

Recall from (11.2) that $\Gamma = \{ \tilde{\mathcal{A}}(t) : t \in \mathbb{R} \}$ and

$$(11.10) \quad F \subset \{ x \in \mathbb{C} : \text{dist}(x, \tilde{\mathcal{A}}(\pi(x))) \lesssim \lambda \ell(x) \}.$$

Therefore

$$\left| \int_{\pi^{-1}(kI_0)} (f - f \circ P) d\tilde{\mu} \right| \lesssim \int_{kI_0} \{ \text{osc}_{B(\tilde{\mathcal{A}}(t), C\sqrt{\lambda}\ell(t))} f \} d\sigma(t).$$

For the remaining term, we first observe that the function

$$g\chi_{kI_0} - [\eta_{\sqrt{\lambda}\ell(\cdot)} * (\chi_{kI_0}\sigma)]$$

is supported in $(k+C\sqrt{\lambda})I_0 \setminus (k-C\sqrt{\lambda})I_0$, and therefore

$$\left| \int_{\mathbb{R}} (f \circ \tilde{\mathcal{A}}) \{ g\chi_{kI_0} - [\eta_{\sqrt{\lambda}\ell(\cdot)} * (\chi_{kI_0}\sigma)] \} dm_1 \right| \\ \lesssim \int_{(k+C\sqrt{\lambda})I_0 \setminus (k-C\sqrt{\lambda})I_0} |f \circ \tilde{\mathcal{A}}| g dm_1.$$

But now, using (11.5), and that $\ell(t) \gtrsim 1$ for $t \in kI_0 \setminus (k - C\sqrt{\lambda})I_0$,

$$\begin{aligned} \int_{kI_0 \setminus (k - C\sqrt{\lambda})I_0} |f \circ \tilde{\mathcal{A}}| g \, dm_1 &\lesssim \int_{kI_0} \{\text{osc}_{B(\tilde{\mathcal{A}}(t), C\sqrt{\lambda}\ell(t))} f\} g(t) \, dm_1(t) \\ &\quad + \int_{(k + C\sqrt{\lambda})I_0 \setminus kI_0} |f \circ \tilde{\mathcal{A}}| \, dm_1 \\ &\lesssim \int_{kI_0} \{\text{osc}_{B(\tilde{\mathcal{A}}(t), C\sqrt{\lambda}\ell(t))} f\} \, d\sigma(t) \\ &\quad + \int_{(k + C\sqrt{\lambda})I_0 \setminus kI_0} |f \circ \tilde{\mathcal{A}}| \, dm_1. \end{aligned}$$

It remains to consider

$$\int_{kI_0} f \circ \tilde{\mathcal{A}} (d\sigma - \eta_{\sqrt{\lambda}\ell(\cdot)} * (\chi_{kI_0}\sigma) \, dm_1).$$

First, using Fubini's theorem, observe that

$$\begin{aligned} \int_{\mathbb{R}} [f \circ \tilde{\mathcal{A}}(t) \eta_{\sqrt{\lambda}\ell(t)} * (\chi_{kI_0}\sigma)] \, dm_1(t) \\ = \int_{kI_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}\ell(s)}(t - s) (f \circ \tilde{\mathcal{A}})(s) \, dm_1(s) d\sigma(t) \end{aligned}$$

In order to obtain a convolution structure, we wish to replace $\ell(s)$ in the right hand integral with $\ell(t)$. To this end, recall Lemma 11.3:

$$(11.11) \quad |\eta_{\sqrt{\lambda}\ell(s)}(t - s) - \eta_{\sqrt{\lambda}\ell(t)}(t - s)| \lesssim \frac{\sqrt{\lambda}}{\ell(t)} \chi_{B(t, C\sqrt{\lambda}\ell(t))}.$$

Crudely employing this bound, the difference

$$\begin{aligned} \int_{kI_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}\ell(s)}(t - s) (f \circ \tilde{\mathcal{A}})(s) \, dm_1(s) d\sigma(t) \\ - \int_{kI_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}\ell(t)}(t - s) (f \circ \tilde{\mathcal{A}})(s) \, dm_1(s) d\sigma(t) \end{aligned}$$

can be bounded in absolute value by

$$\int_{(k + C\sqrt{\lambda})I_0} f \circ \tilde{\mathcal{A}}(t) \left\{ \frac{\sqrt{\lambda}}{\ell(t)} \sigma(kI_0 \cap B(t, C\sqrt{\lambda}\ell(t))) \right\} \, dm_1(t).$$

Labelling the function in the brackets $\{\dots\}$ appearing in this integral as b , we find from (7.5) that $\|b\|_\infty \lesssim \sqrt{\lambda}$.

Finally, notice that

$$\begin{aligned} & \left| \int_{kI_0} f \circ \tilde{\mathcal{A}} d\sigma - \int_{kI_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}\ell(t)}(t-s)(f \circ \tilde{\mathcal{A}})(s) dm_1(s) d\sigma(y) \right| \\ & \leq \int_{kI_0} \int_{\mathbb{R}} \eta_{\sqrt{\lambda}\ell(t)}(t-s) |(f \circ \tilde{\mathcal{A}})(t) - (f \circ \tilde{\mathcal{A}})(s)| dm_1(s) d\sigma(t) \\ & \leq \int_{kI_0} \left\{ \text{osc}_{B(\tilde{\mathcal{A}}(t), C\sqrt{\lambda}\ell(t))} f \right\} d\sigma(t). \end{aligned}$$

The proof is complete. \square

The following lemmas correspond with Lemma 10.7 and Lemma 10.8 in Tolsa's paper ([To3]).

Lemma 11.6. *It holds that*

$$\|T_{\ell(\cdot),1}^\perp(\mu|_F) - T_{\ell(\cdot),1}^\perp(h\mathcal{H}_\Gamma^1)\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))} \lesssim \sqrt{\lambda}.$$

Proof. For $t \in 4I_0$, the function

$$y \mapsto K_{\ell(t),1}^\perp(\tilde{\mathcal{A}}(t) - y), \quad y \in \mathbb{C}$$

is supported on $6B_0 \subset \pi^{-1}(6I_0)$. We apply the comparison lemma Lemma 11.5 with this function taking the place of f , and $k = 6$. Now, for $s \in 6I_0$,

$$\begin{aligned} \text{osc}_{B(\tilde{\mathcal{A}}(s), C\sqrt{\lambda}\ell(s))}(f) & \lesssim \sqrt{\lambda} \frac{\ell(s)}{\ell(t)^2 + |\tilde{\mathcal{A}}(s) - \tilde{\mathcal{A}}(t)|^2} \\ & \lesssim \sqrt{\lambda} \frac{\ell(s)}{\ell(t)^2 + |s - t|^2} \\ & \lesssim \sqrt{\lambda} \frac{\ell(s)}{\ell(s)^2 + |s - t|^2}, \end{aligned}$$

where in the last inequality we have used that ℓ is a Lipschitz function, and so $\ell(s) \lesssim \ell(t) + |s - t|$. We are thus led to estimate

$$\int_{4I_0} \left(\int_{6I_0} \frac{\ell(s)}{\ell(s)^2 + |s - t|^2} d\sigma(s) \right)^2 dm_1(t).$$

To bound this integral we follow a standard path. Observe that, for any $s \in \mathbb{R}$,

$$\int_{4I_0} \frac{\ell(s)}{\ell(s)^2 + |t - s|^2} h(t) dm_1(t) \lesssim \mathcal{N}(h)(s),$$

where $\mathcal{N}(f)(s) := \sup_{r > \ell(s)} \frac{1}{2r} \int_{B(s,r)} f dm_1$. Since $\sigma(D(s,r)) \lesssim r$ for any $r \geq \ell(s)$ (see property 7.5 in Lemma 7.18), one verifies via the usual

weak-type bound and interpolation¹³ that $\mathcal{N} : L^2(m_1) \rightarrow L^2(\sigma_{|6I_0})$ has operator norm $\lesssim 1$. Duality therefore gives that

$$\int_{4I_0} \left(\int_{6I_0} \frac{\ell(s)}{\ell(s)^2 + |s-t|^2} d\sigma(s) \right)^2 dm_1(t) \lesssim 1.$$

Regarding the remaining terms in the comparison lemma, the second term equals zero due to the compact support of f , so we need to bound

$$\int_{4I_0} \left| \int_{6I_0} K_{\ell(t),1}^\perp(\tilde{\mathcal{A}}(t) - \tilde{\mathcal{A}}(s))b(s) dm_1(s) \right|^2 dm_1(t).$$

where $\|b\|_2 \lesssim \sqrt{\lambda}$. However, the operator boundedness of the Huovinen transform on Lipschitz graphs ensures that this double integral is $\lesssim \lambda$. \square

Observe that, as a particular consequence of Lemma 11.6 and part (1) of Theorem 10.1, we have that

$$(11.12) \quad \|T_{\ell(\cdot),1}^\perp(\mu|_F)\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))} \lesssim 1.$$

In fact we can say this bound is of order α by further appealing to Lemma 11.2, but this gain will not be of use.

Lemma 11.7.

$$\|T_{\ell(\cdot),1}^\perp(\mu|_F)\|_{L^2(hd\mathcal{H}^1_{\Gamma \cap \pi^{-1}(4I_0)})}^2 - \|T_{\ell(\cdot),1}^\perp(\mu|_F)\|_{L^2(\mu|_{F \cap \pi^{-1}(4I_0)})}^2 \lesssim (M+1)\sqrt{\lambda}.$$

Proof. We apply the comparison estimate (Lemma 11.5) with $k = 4$ and $f = |T_{\ell(\cdot),1}^\perp(\mu|_F)|^2$. Now,

$$\text{osc}_{B(\tilde{\mathcal{A}}(x), C\sqrt{\lambda}\ell(x))} |T_{\ell(\cdot),1}^\perp(\mu|_F)| \lesssim \sqrt{\lambda}.$$

Therefore,

$$\text{osc}_{B(\tilde{\mathcal{A}}(x), C\sqrt{\lambda}\ell(x))} |T_{\ell(\cdot),1}^\perp(\mu|_F)|^2 \lesssim \sqrt{\lambda} \inf_{B(\tilde{\mathcal{A}}(x), C\sqrt{\lambda}\ell(x))} |T_{\ell(\cdot),1}^\perp(\mu|_F)| + \lambda.$$

¹³To be completely transparent we sketch the proof: For $\lambda > 0$, choose intervals $B_j = B(s_j, r_j)$ with $r_j \geq \ell(s_j)$ such that B_j are disjoint, $\frac{1}{2r_j} \int_{B_j} f dm_1 > \varkappa$, and $E_\varkappa := \{\mathcal{N}(f) > \varkappa\} \subset \bigcup_j 3B_j$. We arrive at the weak type bound $\sigma(E_\varkappa) \leq \sum_j \sigma(3B_j) \lesssim \sum_j m(B_j) \lesssim \frac{1}{\varkappa} \int f dm_1$, where in the second inequality it is used that $r_j \geq \ell(s_j)$. Now, insofar as $\|\mathcal{N}f\|_\infty \leq \|f\|_\infty$, the subadditivity of \mathcal{N} yields that $E_\varkappa \subset \{\mathcal{N}(f\chi_{\{|f|>\varkappa/2\}}) > \varkappa/2\}$. Therefore, applying the weak type bound to $f\chi_{\{|f|>\varkappa/2\}}$ yields that

$$\sigma(E_\varkappa) \lesssim \frac{1}{\varkappa} \int_{\{|f|>\varkappa/2\}} f dm_1.$$

The desired inequality follows from integrating both sides over \varkappa with respect to the measure $\varkappa\chi_{(0,\infty)} dm_1(\varkappa)$.

But now, using (11.2) once again, we have

$$\int_{4I_0} \inf_{B(\tilde{\mathcal{A}}(\cdot), C\sqrt{\lambda}\ell(\cdot))} |T_{\ell(\cdot),1}^\perp(\mu|_F)| d\sigma \lesssim \int_{5B_0} |T_{\ell(\cdot),1}^\perp(\mu|_F)| d\mu|_F$$

and the term on the right hand side is $\lesssim M$ due to the operator boundedness of the Huovinen transform on $L^2(\mu)$ (assumption (d) in Main Lemma 6.1).

For the second term appearing in the comparison estimate, observe that since $\ell(t) \gtrsim 1$ for $t \notin 4I_0$,

$$(11.13) \quad |(f \circ \tilde{\mathcal{A}})(t)| \lesssim 1 \text{ for } t \notin 4I_0$$

and therefore

$$\int_{(k+C\sqrt{\lambda})I_0 \setminus kI_0} |f \circ \tilde{\mathcal{A}}| dm_1 \lesssim \sqrt{\lambda}.$$

Finally, for the third term appearing in Lemma 11.5, recall that $\|b\|_\infty \lesssim \sqrt{\lambda}$, and therefore

$$\int_{5I_0} |T_{\ell(t),1}^\perp(\mu|_F)(\tilde{\mathcal{A}}(t))|^2 b(t) dm_1(t) \lesssim \sqrt{\lambda} \|f\|_{L^2(\Gamma \cap \pi^{-1}(5I_0))}^2.$$

We split $\|f\|_{L^2(\Gamma \cap \pi^{-1}(5I_0))}^2 = \|f\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))}^2 + \|f\|_{L^2(\Gamma \cap \pi^{-1}(5I_0 \setminus 4I_0))}^2$. The first term is controlled by (11.12), while the second is controlled by (11.13). \square

The final step required to prove Proposition 11.1 is the following lemma

Lemma 11.8. *We have*

$$\left| \|T_{\ell(\cdot),1}^\perp(h\mathcal{H}_\Gamma^1)\|_{L^2(hd\mathcal{H}_{\Gamma \cap \pi^{-1}(4I_0)}^1)}^2 - \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))}^2 \right| \lesssim \alpha^2.$$

Proof. First observe that, as a consequence of (11.6) in Lemma 11.4,

$$(11.14) \quad \|(h-1)\|_{L^2(\Gamma \cap \pi^{-1}(6I_0))} \lesssim \alpha^2,$$

so

$$\begin{aligned} & \|T_{\ell(\cdot),1}^\perp(h\mathcal{H}_\Gamma^1) - T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(hd\mathcal{H}_{\Gamma \cap \pi^{-1}(4I_0)}^1)} \\ & \lesssim \|T_{\ell(\cdot),1}^\perp((h-1)\mathcal{H}_\Gamma^1)\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))} \\ & \lesssim \|T_{\ell(\cdot),1}^\perp((h-1)\mathcal{H}_{\Gamma \cap \pi^{-1}(6I_0)}^1)\|_{L^2(\Gamma \cap \pi^{-1}(4I_0))} \\ & \lesssim \|h-1\|_{L^2(\Gamma \cap \pi^{-1}(6I_0))} \lesssim \alpha^2. \end{aligned}$$

Secondly,

$$\begin{aligned} & \left| \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(hd\mathcal{H}_{\Gamma\cap\pi^{-1}(4I_0)}^1)}^2 - \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(\Gamma\cap\pi^{-1}(4I_0))}^2 \right| \\ &= \left| \int |T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)|^2 (h-1) d\mathcal{H}_{\Gamma\cap\pi^{-1}(4I_0)}^1 \right| \\ &\leq \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^4(\Gamma\cap\pi^{-1}(4I_0))}^2 \|(h-1)\|_{L^2(\Gamma\cap\pi^{-1}(4I_0))} \end{aligned}$$

Appealing to Lemma 11.2 and part (1) from Theorem 10.1 (with $p = 4$), we get

$$\|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^4(\Gamma\cap\pi^{-1}(4I_0))}^2 \lesssim \alpha^2.$$

On the other hand, from (11.14), $\|(h-1)\|_{L^2(\Gamma\cap\pi^{-1}(4I_0))} \lesssim \alpha^2$. Therefore,

$$\left| \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(hd\mathcal{H}_{\Gamma\cap\pi^{-1}(4I_0)}^1)}^2 - \|T_{\ell(\cdot),1}^\perp(\mathcal{H}_\Gamma^1)\|_{L^2(\Gamma\cap\pi^{-1}(4I_0))}^2 \right| \lesssim \alpha^4,$$

and the lemma follows. \square

Proof of Proposition 11.1. Notice that employing (11.3), followed by applying Lemma 11.2, then Lemma 11.8, Lemma 11.6 (observing that $h \lesssim 1$ on Γ as a consequence of (11.5)), and then finally Lemma 11.7, leads to the following estimate

$$\|T_{\ell(\cdot),1}^\perp(\mu|_F)\|_{L^2(\mu|_{F\cap\pi^{-1}(4I_0)})} \gtrsim \|A'\|_{L^2(\mathbb{R})} - C\alpha^2.$$

Since $\mu(10B_0 \setminus F)$ is small, the proposition follows from $L^2(\mu)$ boundedness of the Huovinen transform (see (a) and (d) from Main Lemma 6.1). \square

12. THE FINAL CONTRADICTION: THE PROOF OF PROPOSITION 9.1

Proof of Proposition 9.1. Assume that $\mu(F_2) > \alpha^{1/2}$. Then by Lemma 9.2,

$$\|A'\|_{L^2(\mathbb{R})}^2 \gtrsim \alpha^{5/2}.$$

Therefore, Proposition 11.1 yields that

$$\|T_{\ell(\cdot),1}^\perp(\mu)\|_{L^2(\mu|_{F\cap\pi^{-1}(4I_0)})}^2 \gtrsim \alpha^{5/2}.$$

This contradicts assumption (e) of the Main Lemma. \square

APPENDIX A. CONTINUITY OF THE TRANSPORTATION COEFFICIENTS

In this appendix we prove Lemma 3.3.

We start with a simple remark.

Remark A.1. Given two pairs $(x, r), (x_1, r_1) \in \mathbb{C} \times \mathbb{R}^+$, we define the map

$$O(y) = \frac{y - x_1}{r_1}r + x.$$

The map O satisfies $O(B(x_1, 4r_1)) = B(x, 4r)$ and $\|O\|_{Lip} = \frac{r}{r_1} = (\|O^{-1}\|_{Lip})^{-1}$. Moreover, O establishes a bijection between $\mathcal{F}_{x,r}$ and \mathcal{F}_{x_1,r_1} . Given $f \in \mathcal{F}_{x,r}$ we will denote by $f_O(\cdot) = (f \circ O)(\cdot) \in \mathcal{F}_{x_1,r_1}$.

Below, given a sequence $\{(x_j, r_j)\}_{j \geq 1}$ relative to (x, r) , we will denote by $O_j := O$ the function corresponding to the pairs (x, r) and (x_j, r_j) . Furthermore, we will write f_j in place of f_{O_j} .

Lemma A.2. (*Continuity of transportation coefficients*) Given a sequence $\{(x_j, r_j)\}_{j \geq 0} \in \mathbb{C} \times \mathbb{R}^+$ satisfying that $x_j \rightarrow x_0 \in \mathbb{C}$ and $r_j \rightarrow r_0$, we have the following:

- (1) $\alpha_\mu(B(x_j, r_j)) \rightarrow \alpha_\mu(B(x_0, r_0))$.
- (2) Given a sequence $D_j \in \mathcal{G}_{x_j}$ for all $j \geq 0$ satisfying $\angle(D_j, D_0) \rightarrow 0$, then $\alpha_{\mu, \mathcal{H}_{|D_j}^1}(B(x_j, r_j)) \rightarrow \alpha_{\mu, \mathcal{H}_{|D}^1}(B(x_0, r_0))$.

Proof. With this in mind, both parts (1) and (2) of the lemma are consequences of the following statement: *If $x_j \rightarrow x_0$ and $r_j \rightarrow r_0$, then for every $\eta > 0$, we can find $\delta > 0$ and $j_0 \geq 1$ such that for every $j \geq j_0$ we have that:*

$$(A.1) \quad \sup_{\substack{(D, D') \in \mathcal{G}_{x_0} \times \mathcal{G}_{x_j}, \\ \angle(D, D') \leq \delta}} |\alpha_{\mu, D}(B(x_0, r_0)) - \alpha_{\mu, D'}(B(x_j, r_j))| \leq \eta \delta_\mu(B(x_0, 5r_0)).$$

We focus on proving (A.1). Fix $\eta > 0$. We will use the following two facts, which are routinely verified:

- (1) There exists $j_0 \geq 1$ such that for every $j \geq j_0$ we have that

$$\left| \int \varphi_{x_j, r_j} f_j d\mu - \int \varphi_{x_0, r_0} f d\mu \right| \leq \eta \mu(B(x_0, 5r_0)),$$

for every $f \in \mathcal{F}_{x_0, r_0}$. (For this one needs to observe that the collection \mathcal{F}_{x_0, r_0} is relatively compact in the uniform topology.)

- (2) There exists $\delta > 0$ and $j_0 \geq 1$ such that for every $j \geq j_0$ and for any two lines $D \in \mathcal{G}_x$ and $D' \in \mathcal{G}_{x_j}$ satisfying $\angle(D, D') \leq \delta$,

$$\left| \frac{1}{r_0} \int \varphi_{x_0, r_0} f d\mathcal{H}_{|D}^1 - \frac{1}{r_j} \int \varphi_{x_j, r_j} f_j d\mathcal{H}_{|D'}^1 \right| \leq \eta,$$

for every $f \in \mathcal{F}_{x_0, r_0}$.

Given $D \in \mathcal{G}_{x_0}$ and $D' \in \mathcal{G}_{x_j}$, we put

$$c = \frac{1}{\int \varphi_{x_0, r_0} d\mathcal{H}_{|D}^1} \int \varphi_{x_0, r_0} d\mu, \text{ and } c_j = \frac{1}{\int \varphi_{x_j, r_j} d\mathcal{H}_{|D'}^1} \int \varphi_{x_j, r_j} d\mu.$$

Since the denominators in the fractions appearing in c and c_j coincide, we can choose j_0 larger if necessary to ensure that $|c_j - c| \lesssim \eta \delta_\mu(B(x_0, 5r_0))$ for all $j \geq j_0$. Together with fact (2), this remark ensures that given any two lines $D \in \mathcal{G}_x$ and $D' \in \mathcal{G}_{x_j}$ with $\angle(D, D') \leq \delta$ and $j \geq j_0$ we have that

$$\left| \frac{c}{r_0} \int \varphi_{x_0, r_0} f d\mathcal{H}_{|D}^1 - \frac{c_j}{r_j} \int \varphi_{x_j, r_j} f_j d\mathcal{H}_{|D'}^1 \right| \lesssim \eta \delta_\mu(B(x_0, 5r_0)),$$

for every $f \in \mathcal{F}_{x_0, r_0}$. Combining the previous inequality with fact (1) above yields that if $\angle(D, D') \leq \delta$ and $j \geq j_0$, then for any $f \in \mathcal{F}_{x_0, r_0}$,

$$\left| \frac{1}{r_0} \int \varphi_{x_0, r_0} f d(\mu - c\mathcal{H}_{|D}^1) - \frac{1}{r_j} \int \varphi_{x_j, r_j} f_j d(\mu - c_j\mathcal{H}_{|D'}^1) \right| \lesssim \eta \delta_\mu(B(x_0, 5r_0)).$$

The claimed estimate (A.1) now follows from (several applications of) the triangle inequality. \square

APPENDIX B. THE PROOF OF PROPOSITION 7.17

This appendix gives a detailed proof of Proposition 7.17. We follow [L] quite closely.

B.1. Constructing the map A on $\pi(\mathcal{Z})$.

Lemma B.1. *Let $(x, t_1), (y, t_2) \in S$ be such that*

$$|x - y| \geq \sqrt{\lambda} \max(t_1, t_2).$$

Then

$$(B.1) \quad |\pi^\perp(x) - \pi^\perp(y)| \leq (\alpha + C\sqrt{\lambda}) |\pi(x) - \pi(y)|.$$

Proof. Put $r = \min(\lambda^{-1/2}|x - y|, 10)$. Then $(x, r) \in S$ and $\pi(y) \in \pi(B(x, 2|x - y|))$, so we infer from Lemma 7.7 that

$$\text{dist}(y, D) \lesssim \sqrt{\lambda}|x - y|$$

for some line $D \in \mathcal{G}_x$ with $\angle(D, D_0) \leq \alpha$. In particular, if Y_D denotes the projection of Y onto D , then

$$(B.2) \quad (1 + C\sqrt{\lambda})|x - y| \geq |x - y_D| \geq (1 - C\sqrt{\lambda})|x - y|.$$

But, since $\angle(D, D_0) \leq \alpha$,

$$|\pi^\perp(x) - \pi^\perp(y_D)| \leq \alpha |\pi(x) - \pi(y_D)|.$$

Projections contract distances, so we conclude from (B.2) that

$$|\pi^\perp(x) - \pi^\perp(y)| \leq \alpha|\pi(x) - \pi(y)| + C\sqrt{\lambda}|x - y|.$$

Finally, since $|x - y| \leq |\pi^\perp(x) - \pi^\perp(y)| + |\pi(x) - \pi(y)|$, we arrive at the desired statement after noting that $\lambda \ll 1$. \square

Corollary B.2. *Suppose $x, y \in \mathbb{C}$ and $t \geq 0$ are such that*

$$|\pi(x) - \pi(y)| \leq t, \quad d(x) \leq t, \quad \text{and} \quad d(y) \leq t.$$

Then $|x - y| \lesssim t$.

Proof. We may assume $|x - y| > 3t$ since otherwise there is nothing to prove. By definition we can find (X, s_1) and (Y, s_2) belonging to S , with $|x - X| + s_1 \leq t$ and $|y - Y| + s_2 \leq t$. But then (X, t) and (Y, t) both belong to S and $|X - Y| > t$. Therefore, Lemma B.1 yields that

$$(B.3) \quad |\pi^\perp(X) - \pi^\perp(Y)| \lesssim |\pi(X) - \pi(Y)|.$$

But by the triangle inequality, $|\pi(X) - \pi(Y)| \leq 3t$, and therefore from (B.3) we infer that $|\pi^\perp(X) - \pi^\perp(Y)| \lesssim t$. Appealing to the triangle inequality again we conclude that

$$|\pi^\perp(x) - \pi^\perp(y)| \lesssim t.$$

Given that we are assuming that $|\pi(x) - \pi(y)| \leq t$, the corollary follows. \square

Corollary B.3. *Let $x, y \in \mathcal{Z}$. Then*

$$|\pi^\perp(x) - \pi^\perp(y)| \leq 2\alpha|\pi(x) - \pi(y)|.$$

Proof. Assume $x \neq y$. Given $t \in (0, |x - y|)$, we can find pairs (X, t) and $(Y, t) \in S$ where X and Y are arbitrarily close to x and y respectively, and $d(X, Y) > t$. Since $\sqrt{\lambda} \ll \alpha$, Lemma B.1 now yields that

$$|\pi^\perp(X) - \pi^\perp(Y)| \leq 2\alpha|\pi(X) - \pi(Y)|,$$

and the statement follows since projections are continuous. \square

Define the function A on $\pi(\mathcal{Z})$ by setting

$$A(\pi(x)) = \pi^\perp(x) \text{ for } x \in \mathcal{Z}.$$

Keeping in mind Corollary B.3, we see that A is well defined on $\pi(\mathcal{Z})$, and moreover, $A : \pi(\mathcal{Z}) \rightarrow D_0^\perp$ is 2α -Lipschitz:

$$(B.4) \quad |A(\pi(x)) - A(\pi(y))| \leq 2\alpha|\pi(x) - \pi(y)|.$$

B.2. Extending A over D_0 . We now select a Whitney cover relative to the function D . Set \mathcal{I} to be a collection of dyadic intervals in \mathbb{R} .

For $p \in 10I_0 \setminus \pi(\mathcal{Z})$ we have $D(p) > 0$. Set I_p to be the largest dyadic interval in \mathcal{I} containing p satisfying

$$\text{diam } I_p \leq \frac{1}{20} \inf_{u \in I_p} D(u).$$

The interval I_p exists because $D(p) > 0$ and D is Lipschitz.

Consider the collection of these intervals and relabel them $\mathcal{I}_{\max} = \{I_j\}_j$. The intervals I_j are disjoint and the collection of $2I_j$ is a cover of $10I_0 \setminus \pi(\mathcal{Z})$.

The following lemma collects standard properties regarding this collection of intervals and follows immediately from the definitions (and using that D is 1-Lipschitz), see [L] page 847 or [To5], page 248.

Lemma B.4. *The following assertions hold.*

- (1) *If $p \in 10I_j$ then $10 \text{diam } I_j \leq D(p) \leq 60 \text{diam } I_j$.*
- (2) *Whenever $10I_i \cap 10I_j \neq \emptyset$, then*

$$\text{diam } I_j \lesssim \text{diam } I_i \lesssim \text{diam } I_j.$$

- (3) *There exists $N > 0$ (an absolute constant) such that for every i , at most N intervals I_j satisfy $10I_i \cap 10I_j \neq \emptyset$.*

Lemma B.5. *For any $I_i \in \mathcal{I}_{\max}$, there exist a ball $B_i \in S$ such that*

- (1) $\text{diam } I_i \leq r(B_i) \lesssim \text{diam } I_i$,
- (2) $d(\pi(c(B_i)), I_i) \leq 120 \text{diam } I_i$, and
- (3) $d(\pi(B_i), I_i) \lesssim \text{diam } I_i$.

Proof. Let $p \in I_i$. We can find $(x, t) \in S$ such that $d(p, \pi(x)) + t \leq 2D(p) \leq 120 \text{diam } I_i$ (see part (1) of Lemma B.4). The ball $B(x, \max\{t, \text{diam}(I_i)\})$ satisfies properties (1) and (2), from which (3) immediately follows. \square

Definition (The function A_i). For each of the balls $B_i \in S$, we set $D_i \in \mathcal{G}_{c(B_i)}$ to be such that $\alpha_{\mu, D_i}(B_i) \leq \varepsilon$ with $\angle(D_i, D_0) \leq \alpha$.

Put A_i to be the affine function $A_i : D_0 \rightarrow D_0^\perp$ whose graph is $D_i = D_{B_i}$. Then certainly A_i is Lipschitz of constant $\leq 2\alpha$.

Lemma B.6. *Whenever $10I_i \cap 10I_j \neq \emptyset$,*

- (1) $d(B_i, B_j) \lesssim \text{diam } I_j$,
- (2) *for any $L > 1$, $|A_i(q) - A_j(q)| \lesssim L^2 \lambda \text{diam } I_j$ for any $q \in LI_j$, and*
- (3) $\text{dist}(D_i, D_j \cap B_j) \lesssim \lambda \text{diam}(I_i)$ and $|(A_i - A_j)'| \lesssim \lambda$.

Proof. For (1) we apply Corollary B.2: If $10I_i \cap 10I_j \neq \emptyset$, then $\ell(R_i) \approx \ell(R_j)$, so $\ell(B_i) \approx \ell(B_j)$ (see part (1) of Lemma B.5). But then $d(\pi(B_i), \pi(B_j)) \lesssim \ell(I_i)$ (see part (3) of Lemma B.5). Therefore applying Corollary B.2 with x, y to be the centers of B_i and B_j , and t a suitable constant multiple of $\text{diam}(I_j)$ yields the required inequality.

Given (1), the balls B_i, B_j both lie in S , satisfy $r(B_i) \approx r(B_j)$ and $CB_i \cap CB_j \neq \emptyset$, for some absolute constant $C > 0$. We may therefore infer from Lemma 7.8 that

$$(B.5) \quad \text{dist}(y, D_i) \lesssim \lambda \cdot r(B_i) \text{ for all } y \in D_j \cap B_j,$$

from which property (3) is an immediate consequence (recalling that $r(B_i) \approx r(B_j)$).

Finally, since D_i and D_j both form an angle $\leq \alpha$ with D_0 , statement (2) also follows from (B.5) and parts (1) and (3) of Lemma B.5. \square

Lemma B.7. *There exists $C > 1$ such that if $x \in F \setminus \mathcal{Z}$ then $\pi(x) \in 3I_i$ and $x \in CB_i$ for some $I_i \in \mathcal{I}_{\max}$.*

Proof. Let $x \in F \setminus \mathcal{Z}$. We have that either

- (1) $\pi(x) \in \pi(\mathcal{Z})$ and there exists $y \in \mathcal{Z}$ such that $\pi(y) = \pi(x)$,
- (2) or $\pi(x) \in 3I_i$ for some i and by part (3) of Lemma B.5, there exists $C > 1$ such that $\pi(x) \in \pi(CB_i)$.

We first will rule out that possibility (1) can occur. To this end, we notice that $B(y, 2|x - y|)$ belongs to S , and $x \in \pi(B)$, so by Lemma 7.7, $\text{dist}(x, D) \lesssim \lambda|x - y|$ where $D \in \mathcal{G}_y$ satisfies $\angle(D, D_0) \leq \alpha$. On the other hand, $\pi(x) = \pi(y)$ and so $|x - y| \lesssim \text{dist}(x, D)$, which is absurd given that $\lambda \ll 1$.

We may therefore assume that (2) holds. Then $CB_i \in S$ and $\pi(x) \in \pi(CB_i)$. Therefore, Lemma 7.7 ensures that $x \in 3CB_i$, and the proof is complete. \square

The previous lemma has the following useful consequence.

Corollary B.8. *For any $x \in F$,*

$$d(x) \lesssim D(\pi(x)) \leq d(x).$$

Proof. If $d(x) = 0$, the conclusion is obvious. Otherwise, $\pi(x) \in 3I_i$ for some i . It follows from the definition of the intervals I_i , and Lemmas B.4 and B.5 that $D(\pi(x)) \gtrsim r(B_i)$. On the other hand, by Lemma B.7) $x \in CB_i$, and so $d(x) \lesssim r(B_i)$. \square

Definition. Choose a partition of unity ψ_i subordinate to the cover $(2I_i)_i$ satisfying

$$\|\psi'_i\|_\infty \lesssim \frac{1}{\text{diam } I_i}, \text{ and } \|\psi''_i\|_\infty \lesssim \frac{1}{(\text{diam } I_i)^2}.$$

For $p \in D_0 \setminus \pi(\mathcal{Z})$, we define A as

$$A = \sum_{I_i \in \mathcal{I}_{\max}} \psi_i \cdot A_i,$$

Lemma B.9. *For every $p \in 3I_0$,*

$$|A(p)| \lesssim \lambda.$$

Proof. From Corollary 7.11, we have

$$F \cap \pi^{-1}(10I_0) \subset \left\{ \text{dist}(\cdot, D_0) \lesssim \lambda \right\}.$$

Since $\mathcal{Z} \subset F$, we may assume that $(p, A(p)) \notin \mathcal{Z}$. We want to prove that $A(p) = \sum_k \psi_k(p) A_k(p)$ satisfies $|A(p)| \lesssim \lambda$. Since $\sum_k \psi_k(p) \leq 1$, it suffices to prove that

$$|A_k(p)| \lesssim \lambda \text{ whenever } \psi_k(p) \neq 0.$$

Fix such a k . Consider the ball B_k for which D_k is the graph of A_k , then $(p, A_k(p)) \in CB_k$ for some $C > 0$ (Lemma B.5). But now we may apply Corollary 7.10 to find that $|A_k(p)| = \text{dist}((p, A_k(p)), D_0) \lesssim \lambda$. \square

Lemma B.10. *$A : 3I_0 \rightarrow D_0^\perp$ is a $C\alpha$ -Lipschitz function.*

Proof. Fix $p, q \in 3I_0$.

If $p, q \in \pi(\mathcal{Z})$ this has already been proved (recall (B.4)), so we will assume that $p \notin \pi(\mathcal{Z})$, and so $p \in 2I_i$ for some i .

First suppose that $q \notin \pi(\mathcal{Z})$, so $q \in 2I_k$ for some k , and $\sum_k \psi_k(p) = \sum_k \psi_k(q) = 1$.

Case 1: $q \in 1000I_i$. Then write

$$\begin{aligned} |A(p) - A(q)| &\leq \sum_j \psi_j(p) |A_j(p) - A_j(q)| \\ &\quad + \sum_j |\psi_j(p) - \psi_j(q)| |A_j(q) - A_k(q)| \end{aligned}$$

The first term is bounded by $2\alpha|p - q|$. For the second term, we infer from part (2) of Lemma B.6 (and Lemmas B.4, B.5) that for any j where $\psi_j(p)$ or $\psi_j(q)$ is non-zero,

$$|A_j(q) - A_k(q)| \lesssim \lambda \ell(R_j).$$

On the other hand, $|\psi_j(p) - \psi_j(q)| \lesssim \frac{1}{\ell(I_j)}$, so, insofar as the number of j with either $\psi_j(p)$ or $\psi_j(q)$ is non-zero is bounded by an absolute constant,

$$(B.6) \quad |A(p) - A(q)| \leq 2\alpha|p - q| + C\lambda|p - q| \leq 3\alpha|p - q|.$$

Case 2: $q \notin 1000I_i$. Then $|p - q| \gtrsim \max\{\text{diam}(I_i), \text{diam}(I_k)\}$. Consider the pair $x = c(B_k)$ and $t = r(B_k)$. Then $|x - c(B_i)| \gtrsim \max(r(B_i), t) \gg \sqrt{\lambda} \max(r(B_i), t)$, and so Lemma B.1 yields that

$$(B.7) \quad \begin{aligned} |A_k(\pi(c(B_k))) - A_i(\pi(c(B_i)))| &= |\pi^\perp(x) - \pi^\perp(c(B_i))| \\ &\lesssim \alpha |\pi(c(B_k)) - \pi(c(B_i))|. \end{aligned}$$

However, Part (2) of Lemma B.6 ensures that for every ℓ with $\pi(c(B_i)) \in 2I_\ell$,

$$|A_\ell(\pi(c(B_i))) - A_i(\pi(c(B_i)))| \lesssim \lambda r(B_i).$$

By the same logic this inequality also holds with i replaced by k . Therefore,

$$|A_k(\pi(c(B_k))) - A_i(\pi(c(B_i)))| \lesssim \alpha |\pi(c(B_k)) - \pi(c(B_i))|$$

But, $c(B_i) \in 1000I_i$ (property (2) of Lemma B.5), so we may use the calculation (B.6) to infer that

$$|A(p) - A(\pi(c(B_i)))| = |A(p) - \pi^\perp(c(B_i))| \lesssim \alpha \text{diam}(I_i),$$

and, similarly,

$$|A(q) - A(\pi(c(B_k)))| \lesssim |A(q) - \pi^\perp(c(B_k))| \lesssim \alpha \text{diam}(I_k).$$

So by the triangle inequality we get

$$|A(p) - A(q)| \lesssim \alpha [|\pi(c(B_\ell)) - \pi(c(B_k))| + \text{diam}(I_\ell) + \text{diam}(I_k)] \lesssim \alpha |p - q|.$$

If instead it holds that $q \in \pi(\mathcal{Z})$ then recall that $A(q) = \pi^\perp(x)$ for $q = \pi(x)$, and in the previous calculation we may replace the role of $(c(B_k), r(B_k))$ with the pair (x, t) where $q = \pi(x)$ and $t < \text{diam}(I_i)$. Then Lemma B.1 yields that $|A_i(\pi(c(B_i))) - A(q)| \lesssim \alpha |c(B_i) - q|$ and the desired estimate follows from repeating estimates from Case 2 above. \square

Lemma B.11. *If $p \in 2I_i$ then*

$$|A''(p)| \lesssim \frac{\lambda}{\text{diam } I_i} \lesssim \frac{\lambda}{D(p)}.$$

Proof. We mimic the calculation in Lemma 3.13 of [L]. Observe that

$$A''(p) = \sum_j A'_j(p) \psi'_j(p) + \sum_j A_j(p) \psi''_j(p).$$

Since $\sum_j \psi'_j = \sum_j \psi''_j = 0$, we have

$$|A''(p)| \leq \sum_j |A'_j(p) - A'_i(p)| |\psi'_j(p)| + \sum_j |A_j(p) - A_i(p)| |\psi''_j(p)|$$

For each j with $2I_j \cap 2I_i \neq \emptyset$, part (3) of Lemma B.6 ensures

$$|(A_j - A_i)'| \lesssim \lambda, \text{ and } |(A_j(p) - A_i(p))| \lesssim \lambda \text{diam}(I_j).$$

The result follows using the fact that the intervals $2I_j$ have bounded overlap, and the properties of the partition of unity ψ_j . \square

B.3. Localization of A . We set $\psi \equiv 1$ on $\frac{3}{2}I_0$ with $\text{supp}(\psi) \subset 2I_0$.

We define the function $\mathcal{A} : D_0 \rightarrow D_0^\perp$,

$$\mathcal{A} = \begin{cases} \psi \cdot A & \text{on } 3I_0, \\ 0 & \text{on } D_0 \setminus 3I_0. \end{cases}$$

Lemma B.12. *The function \mathcal{A} is $C\alpha$ -Lipschitz, and*

$$|\mathcal{A}''(p)| \lesssim \frac{\lambda}{D(p)}.$$

This result verifies property (1) of Proposition 7.17.

Proof. The function A is $C\alpha$ -Lipschitz on $3I_0$, and $\sup_{p \in 3I_0} |A(p)| \lesssim \lambda$ (see Lemma B.9). Since $\|\psi\|_{\text{Lip}} \lesssim 1$ and $\text{supp}(\psi) \subset 2I_0$, we infer that \mathcal{A} is $C\alpha$ -Lipschitz ($\lambda \ll \alpha$). Regarding the second derivative property, if $\psi'(p) \neq 0$ or $\psi''(p) \neq 0$, then $\text{dist}(p, I_0) \gtrsim 1$, so $\text{diam}(I_i) \gtrsim 1$ for any I_i with $p \in 2I_i$. But then if $B_i \in S$ is the ball associated to I_i , $r(B_i) \gtrsim 1$ and so Corollary 7.10 ensures that both

$$|A'_i(p)| \lesssim \lambda \text{ and } |A_i(p)| \lesssim \lambda.$$

There are at most a constant number of intervals I_i such that $p \in 2I_i$ so we get that

$$|A(p)| \lesssim \lambda \text{ and } |A'(p)| \lesssim \lambda.$$

(The first property of course also follows from Lemma B.9.) Since $\|\psi'\|_\infty + \|\psi''\|_\infty \lesssim 1$, we obtain the desired bound from Lemma B.11. \square

B.4. Concentration around the graph of \mathcal{A} . In this section we prove that every point in F will be very close to the graph Γ of $\tilde{\mathcal{A}}$, defined as $\tilde{\mathcal{A}}(p) = (p, \mathcal{A}(p))$ for $p \in \mathbb{R}$. Let us first record an immediate consequence of Lemma B.9.

Corollary B.13. *One has*

$$\Gamma \subset \left\{ \text{dist}(\cdot, D_0) \lesssim \lambda \right\}.$$

Indeed, Lemma B.9 ensures that $\Gamma \cap \pi^{-1}(3I_0) \subset \{\text{dist}(\cdot, D_0) \lesssim \lambda\}$, but outside of $3I_0$ we have that $\mathcal{A}(p) = 0$. This result verifies property (2) of Proposition 7.17.

We now move onto verifying property (3) of Proposition 7.17. In view of Lemma B.8, this property is an immediate consequence of the following lemma.

Lemma B.14. *For every $x \in F$ the following is satisfied:*

$$|x - \tilde{\mathcal{A}}(\pi(x))| \lesssim \lambda d(x).$$

Proof. Certainly $\mathcal{Z} \subset \Gamma$, and so we may assume that $x \in F \setminus \mathcal{Z}$. Lemma B.7 then ensures that $\pi(x) \notin \pi(\mathcal{Z})$. First suppose $p \in \frac{3}{2}I_0$, so that

$$\begin{aligned} |x - \tilde{\mathcal{A}}(\pi(x))| &= |\pi^\perp(x) - A(\pi(x))| \\ &= \left| \pi^\perp(x) - \sum_i \psi_i(\pi(x)) A_i(\pi(x)) \right| \\ &\leq \sum_i \psi_i(\pi(x)) \left| \pi^\perp(x) - A_i(\pi(x)) \right|. \end{aligned}$$

If $\psi_i(\pi(x)) \neq 0$ then $\pi(x) \in 3I_i$ and Lemma B.7 ensures that $x \in CB_i$, while from the definition of I_i and Lemma B.8 we find that $\ell(I_i) \approx r(B_i) \approx d(x)$.

Since $CB_i \in S$ we can find a line D in $\mathcal{G}_{c(B_i)}$ such that $\angle(D, D_0) \leq \alpha$ and $\alpha_{\mu, D}(CB_i) \leq \varepsilon$. Lemma 7.8 (applied with L an absolute constant) yields that

$$\angle(D, D_i) \lesssim \lambda.$$

On the other hand, since $x \in F$, Lemma 7.7 ensures that $\text{dist}(x, D) \lesssim \lambda r(B_i)$. Thus, combining these observations yields

$$\text{dist}(x, D_i) \lesssim \lambda r(B_i) \lesssim \lambda d(x).$$

Since $\angle(D_i, D_0) \leq \alpha$, this in turn implies that

$$\left| \pi^\perp(x) - A_i(\pi(x)) \right| \lesssim \lambda d(x).$$

On the other hand, if $p \notin \frac{3}{2}I_0$, we have that $d(x) \gtrsim 1$, so the desired estimate is an immediate consequence of Corollaries 7.11 and B.13. The proposition is proved. \square

It remains to verify the final property in Proposition 7.17, which we restate here:

Lemma B.15. *If $B(x, r) \in S$ and $D \in \mathcal{G}_x$ satisfies $\angle(D, D_0) \leq \alpha$ and $\alpha_{\mu, D}(B(x, r)) \leq \varepsilon$, then for every $p \in \pi(B(x, r))$,*

$$\text{dist}(\tilde{\mathcal{A}}(p), D) \lesssim \lambda \cdot r.$$

Proof. We first consider the case when $p \in \pi(\mathcal{Z})$. Then $\mathcal{A}(p) \in F$ and so Lemma 7.7 ensures that $\text{dist}(\mathcal{A}(p), D) \lesssim \lambda \cdot r$. If $p \notin \pi(\mathcal{Z})$, then $p \in 2I_i$ for some i . First suppose that $p \in \frac{3}{2}I_0$. Notice that $r \geq d(x) \gtrsim D(\pi(x))$ (where Corollary B.8 has been used in the second inequality). Since the function $D(p)$ is 1-Lipschitz, it follows that $D(p) \lesssim r$ and so by construction $\ell(I_i) \lesssim r$. Therefore, from Lemma B.5, $\pi(B_i) \subset \pi(B(x, Cr))$ and therefore from Lemma 7.7 $B_i \cap B(x, 3Cr) \neq \emptyset$. But now from Lemma 7.8, $\text{dist}(y, D) \lesssim \lambda \cdot r$ for every $y \in D_i \cap B_i$. Insofar as $p \in \frac{3}{2}I_0$, $\tilde{\mathcal{A}}(p)$ is a convex combination of points on the lines D_i where $p \in 2I_i$, the result follows.

Finally, if $p \notin \frac{3}{2}I_0$, then $r \gtrsim 1$ ($x \in \overline{B_0}$). In this case the result follows from Corollary B.13 and Corollary 7.10. \square

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